



## Reiki eZine by Taggart King

[Liberate Your Reiki!] How to use create your Reiki manual

[\(view all archives\)](#)

# Liberate your Reiki!

December 10th 2018

The eZine for Open-minded Reiki people



**How to create your Reiki manual** Tips and useful advice for getting together a great manual



Your students need to relax, safe in the knowledge that everything you say on their Reiki course is covered in detail in their course materials. You should lay out everything that you teach, clearly and logically, with summaries, illustrations or images,

and expand on what you teach on the day, providing non-essential but useful information that rounds out and deepens their knowledge of the system that they are learning.

Your students should not be forced to take notes because this is a huge distraction, stops them from enjoying the day, and trying to take decent notes when you're all zonked out on energy is no fun.

So your students deserve a proper course manual that covers \*everything\* that you dealt with on the course, with further explanations, examples, and back-up info. They should be able to use your manual as a reference work that they can return to again and again to check on everything that is needed for that level.

## You start with your notes

Your Reiki manual should start with what you tell students on their live course, so at the very least they have a hard copy of everything that you say to them, to refer to after their course. They won't be able to remember, or take notes on, everything that you said to them, after all.

So you can base your manual on the notes that you made when you put your live course together. Write down everything that you think you say to people during your course and that can give you a basic lot of content to work with.

And because your notes will follow the basic order of your course, your manual will also follow that logical structure, which is helpful.

[Click to read more...](#)

---

"Reiki Evolution" is a trading name of Reiki Evolution Training Ltd. - All Rights Reserved.

Find us on 

[EZezine](#) [Company](#) [Terms of Service](#) [Privacy Policy](#)