



Reiki eZine by Taggart King

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[Liberate Your Reiki!] What happened when Sue used our "Weight Loss" MP3 for 28 days...

Liberate your Reiki!

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The eZine for Open-minded Reiki people



Sue used our "Weight Loss" MP3 meditation for 28 days And this is what happened



You might recall that last month I released some new "nentatsu ho" meditations, focusing on weight loss, anxiety and confidence. Well, feedback from people has started to come in and here you can read what happened with Sue when she listened to my "Weight Loss" MP3 for a month:

"I found the meditation very deep, in fact I fell asleep quite often. But it was also a very lovely meditation. It WORKS. I eat quite healthy as my husband is diabetic, but unfortunately I love chocolate, sweets, cakes and biscuits.

But let me tell you: no more.

I don't need them. My meals are smaller, I really just can't eat as much as I did. All the goodies have gone. I do occasionally eat a chocolate, but not everyday like I used to. I wanted to lose half a stone, I have two pound left. I have more energy and have joined an aqua gym go twice a week.

My clothes are fitting properly. Thank you Taggart it is amazing "

You can download your "Weight Loss" MP3 right now

Your MP3 should be listened to once a day, at whatever time of day is convenient, for at least 28 days. It gently and powerfully adjusts your "default setting" so that you embed positive changes and create a powerful momentum in a new direction in your life.

Click the button below to download your MP3 now and start listening straight away:

[I want to lose some weight now](#)