



Reiki eZine by Taggart King

[Liberate Your Reiki!] How To Develop Your Reiki Intuition (Part II)

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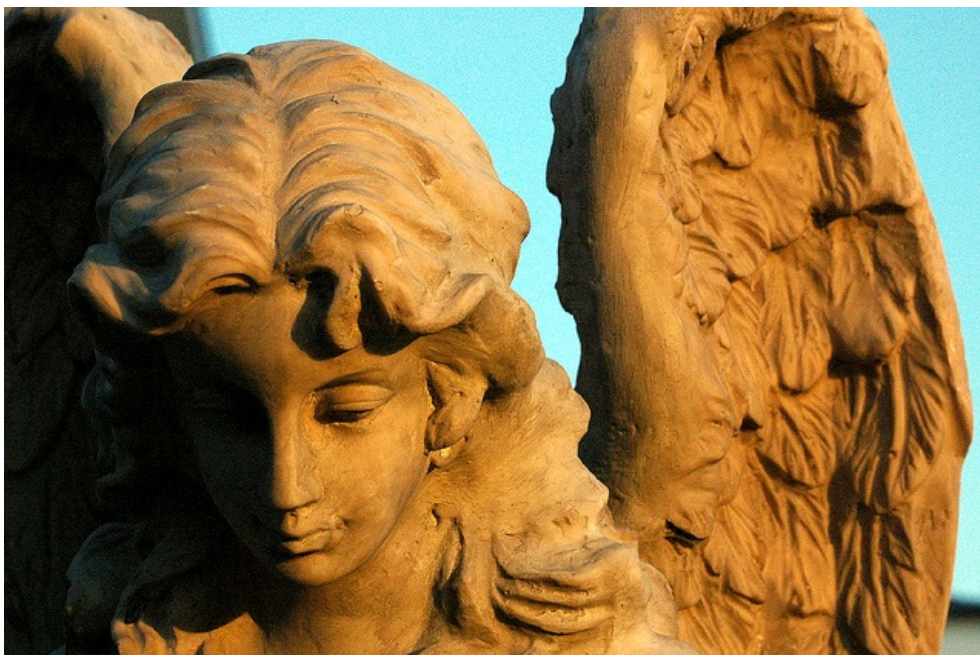
Liberate your Reiki!

June 11th 2018

The eZine for Open-minded Reiki people



How To Develop Your Reiki Intuition (Part II) A Reiki blog by
Taggart King



In my last post – [Develop your Reiki intuition \(Part I\)](#) – I described some simple exercises that you could carry out to build your Reiki and start to get yourself in the best state of mind for working intuitively and developing your intuitive side.

Now we're going to start practising intuitive working with someone else, not just on your own, so you'll need to find some willing volunteers to practise on.

Do this exercise for about five minutes or so for each person you practise on. It doesn't take very long.

Practise on as many people as you can.

Practise compassionate intuition

The recipient sits in a chair or lies on a treatment couch. It doesn't matter which.

Sit near the recipient.

Make yourself comfortable and rest your hands in your lap. Close your eyes.

Take a few long deep breaths.

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In this ezine I'd like to introduce you to Diane Griggs. Diane is a Reiki Master/ Teacher based in County Durham who teaches Reiki at all levels.

She uses Reiki Evolution course manuals and audio CDs for her courses.

This is what Diane had to say:

"I have been using Reiki Evolution teaching manuals and cd's for several years now. As a reiki master and teacher I have found both the manuals and the cd's to be an excellent method of teaching. Reiki Evolution a fast and efficient service at all times.

My students have also given me positive feedback confirming that the manuals are easy to read and to understand, giving them an insight to the wonderful world of Reiki. The manuals include "student's experiences" which are particularly useful and the books are well illustrated throughout.

The cd's which are available provide a brilliant way of teaching those students who prefer to learn through listening and the guided meditations really help the students to experience different energies before attending their Reiki course.

The Reiki Teaching Guide manual is a must for those Reiki masters embarking on their teaching path, it is very informative, giving great schedule plans to help your course go smoothly.

I have no hesitation in recommending all the teaching materials available from Reiki Evolution, they have certainly helped myself and my many students."



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