



**Reiki eZine by Taggart King**

**(view all archives)**

[Liberate Your Reiki!] How To Create A Bespoke Reiki Symbol For Your Client

# Liberate your Reiki!

May 14th 2018

The eZine for Open-minded Reiki people



## How To Create A Bespoke Reiki Symbol For Your Client A Reiki blog by Taggart King



**Create symbols tailor made for your clients**

## Create symbols tailor made for your clients

In my last Reiki article, [Create your own bespoke Reiki symbols](#), I described a simple system that you can follow in order to create a Reiki symbol that provides you with an energy perfectly suited to just what you need in this moment.

And we know that using a symbol has the effect of focusing the Reiki energy like a laser beam, narrowing its focus and boosting its power.

So this would be a useful thing to be able to do for clients too, wouldn't it, to give them a treatment that uses an energy ideally suited to just what they need in this moment?

Here is how to do that.

[Click to read more...](#)

## Your Reiki Meditations on MP3 sit back and let Reiki wash over you, with my special meditations



By far and away, my most popular MP3 collection is "Reiki Meditations", where I talk people through daily energy exercises ("Hatsurei ho"), a Self-treatment meditation that Usui Sensei taught, a Symbol meditation and a Distant Healing meditation. It's suitable for all Reiki levels.

And the reason for this collection is so popular is that it takes all the stress and worry away from meditating because you don't have to try hard to remember all the stages: you can just relax... and follow my gentle instructions. And by doing this repeatedly, the stages just become part of you, effortlessly, so eventually, if you like, you can go 'freestyle' and use whatever music you like for your daily meditations.

And because I like to give my students choices in what they are doing, so they can experiment and find their own comfortable way with the energy, I also put together other collections: Distant healing meditations, Self-treatment meditations, and even a "Reiki Inner Smile" meditation where you focus the energy on the five elements of Traditional Chinese Medicine.

I think it's great to be able to explore what's possible with the energy, and choose to work with the energy in a way that suits you as an individual.

[Click to find out more...](#)

---

