

THE WORLD AS POETRY

David Byrne writes: "I sense the world might be more dreamlike, metaphorical, and poetic than we currently believe—but just as irrational as sympathetic magic when looked at in a typically scientific way.

"I wouldn't be surprised if poetry—poetry in the broadest sense, in the sense of a world filled with metaphor, rhyme, and recurring patterns, shapes, and designs—is how the world works. The world isn't logical, it's a song."

Do you know about David Byrne's pronoaic website?
<https://reasonstobecheerful.world/>

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ACTIVIST MUSIC

Activist music is especially delightful to me, because it helps motivate us on emotional and psycho-spiritual levels. Here's some of that music that I enjoy.

"You Can't Kill Light, You Can't Kill Love," by Monica Pasqual:
tinyurl.com/YouCantKillLight

"Lions," Skip Marley: tinyurl.com/WeAreTheLions

"Resilient," Rising Appalachia: tinyurl.com/TrustTheMovement

"All Nations Rise," Lyla June: <https://tinyurl.com/3pvkm6hy>

"We Rising Up," Climbing PoeTree: <https://vimeo.com/268631645>

"We Shall be Known," Thrive East Bay Choir:
<https://youtu.be/aKhjaN72dRQ>

"Hungry World," Rising Appalachia + Aja Black:
<https://tinyurl.com/ym9y73yb>

"This Joy," the Resistance Revival Chorus:
<https://tinyurl.com/4pupvjv9>

"Love Shakin The Fences," Robin Gorn: <https://tinyurl.com/4rbxdv75>

"Helm You Talmbout," Janelle Monae: <https://tinyurl.com/4j9rha6>

Good Morning Grandmother," Clan Dyken: <https://tinyurl.com/dfd5d9c>

"\$20 Bill (for George Floyd)," The Fox Run Five:
<https://youtu.be/tn8soemKucw>

"Every Day is Indigenous People's Day," Supaman:
<https://tinyurl.com/3etk5fjw>

"I Begin to See Your Face", Tom Prasada-Rao:
<https://youtu.be/WTJ4ty8rBs8>

"On the Same Tree," Mahalakshmi: <https://mahalakshmi.bandcamp.com/>

"Nina Cried Power," Hozier , featuring Mavis Staples:
<https://tinyurl.com/sfhrz9ey>

"Keep Her Safe," Lydia Violet, featuring Joanna Macy:
<https://tinyurl.com/xu3rz8>

"Do or Die," Ani DiFranco: <https://tinyurl.com/y4t59es6>

"Harmonize," Rising Appalachia: <https://tinyurl.com/32an8j86>

"We Must Be Free," Crys Matthews: <https://tinyurl.com/r68ncavp>

"Let Me Sing You a Song," Joe Jencks: <https://tinyurl.com/4zda8aem>

"Human," Twin Flames: <https://tinyurl.com/zc5ubxnu>

"Your Place of Freedom," Colleen Kattau: <https://tinyurl.com/chr4emyv>

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FREEDOM, SAFETY, AND LOVE FOR ALL TRANS AND NON-BINARY PEOPLE

Elizabeth Warren, Rebecca Solnit, and I say the following:

We want all trans and non-binary people to know you are valued, you are loved, and that we will keep fighting to make sure you can live freely, safely, and openly exactly as you are.

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STOP USING FAKE SCIENCE TO JUSTIFY TRANSPHOBIA

We don't need science to tell us that transgender people are real. We already know they are. But it's good to know that science does indeed tell us that transgender people are real.

The trolls who try to claim that biology recognizes only two genders are just plain wrong.

Here's the science: <https://tinyurl.com/SexIsNotBinary>

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LIBERATE YOU FROM YOUR SUFFERING

Maybe my Free Will Astrology horoscopes will help liberate you from some of the suffering that you're finished with — that you've learned from but are now ready to leave behind.

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GREAT NEW EVIDENCE OF VACCINE EFFECTIVENESS

The two-dose Covid-19 vaccine developed by Pfizer is protecting recipients as well in wide actual use as it did in clinical trials, according to a new large-scale study from Israel that was published in **The New England Journal of Medicine**.

The study found that the vaccine reduced symptomatic cases by 94 percent a week after the second dose, and reduced severe disease by 92 percent.

The study is the first large-scale, peer-reviewed examination of the vaccine's performance in general use. It included more than a million people aged 16 and over, nearly 600,000 of whom had been vaccinated, and an equally large, carefully matched control group of unvaccinated individuals.

<https://tinyurl.com/3bxp9eb5>
and
<https://tinyurl.com/27efv5mk>

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THANKS, LAWRENCE!

"The first poet who ever blew my little teenage suburban mind was Lawrence Ferlinghetti. He was also my gateway drug into Allen Ginsberg, Diane di Prima, Anne Waldman, Jack Kerouac, Michael McClure and other excellent troublemakers. Thank you for your life, Lawrence!

A great quote from Ferlinghetti: "We'd like to just write nothing but lyric

poetry. The trouble is, the individual is going along intent on his own personal gratifications and love affairs and financial affairs and everything else. But loping alongside him is this fascist lout who keeps trying to take over.

"And if you keep ignoring him, he gets bigger and bigger, so every once in a while the free individual has to turn away from his private pursuits and give this fascist lout a few clouts, and beat him down to size."

More on his life: <https://tinyurl.com/3ysdbnty>

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MORE PRONOIA RESOURCES:

Instead of Eviction, Landlords and Tenants Talk It Out. In Philadelphia, face-to-face mediated chats help both parties get what they need. <https://tinyurl.com/4muxhkw>

Wales's "One Planet" Policy Is Transforming Rural Life. By allocating residents their "global fair share" of resources, the government is making development in pristine environments sustainable. <https://tinyurl.com/2sxuvftk>

California's Farm Worker Dwellings Get an Upgrade. When a newly elected county supervisor saw where farm workers were living, he was appalled — and inspired. <https://tinyurl.com/2f46skev>

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For a lot more pronoia resources and ideas, read my book *Pronoia Is the Antidote for Paranoia: How the Whole World is Conspiring to Shower You with Blessings*

Available at Barnes & Noble: <https://tinyurl.com/PronoiaBN>

Available at Amazon: <https://bit.ly/Pronoia>

A free preview of the book is available here: <https://tinyurl.com/PronoiaPreview>

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Please tell me your own nominations for PRONOIA RESOURCES: Truthrooster@gmail.com.

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FREE WILL ASTROLOGY

Week beginning March 4

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Grammar key: Asterisks equal *italics**

PISCES (Feb. 19-March 20): For you Pisceans, March is Love Yourself Bigger and Better and Bolder Month. To prepare you for this festival, I'm providing two inspirational quotes. 1. "If you aren't good at loving yourself, you will have a difficult time loving anyone, since you'll resent the time and energy you give another person that you aren't even giving to yourself." —Barbara De Angelis 2. "Loving yourself does not mean being self-absorbed or narcissistic, or disregarding others. Rather it means welcoming yourself as the most honored guest in your own heart, a guest worthy of respect, a lovable companion." —Margo Anand

ARIES (March 21-April 19): In late April of 1969, Cambridgeshire, UK hosted the first-ever Thriplow Daffodil Weekend: a flower show highlighting 80 varieties of narcissus. In the intervening years, climate change has raised the average temperature 3.24 degrees Fahrenheit. So the flowers have been blooming progressively earlier each year, which

has necessitated moving the festival back. The last pre-Covid show in 2019 was on March 23-24, a month earlier than the original. Let's use this as a metaphor for shifting conditions in your world. I invite you to take an inventory of how your environment has been changing, and what you could do to ensure you're adapting to new conditions.

TAURUS (April 20-May 20): Author Leo Buscaglia told us that among ancient Egyptians, two specific questions were key in evaluating whether a human life was well-lived. They were "Did you bring joy?" and "Did you find joy?" In accordance with your current astrological potentials, I'm inviting you to meditate on those queries. And if you discover there's anything lacking in the joy you bring and the joy you find, now is a very favorable time to make corrections.

GEMINI (May 21-June 20): At age 11, the future first President of the United States George Washington became the "owner" of ten slaves. A few years later he "bought" 15 more. By the time he was president, 123 men, women, and children were struggling in miserable bondage under his control. Finally, in his will, he authorized them to be freed after he and his wife died. Magnanimous? Hell, no. He should have freed those people decades earlier—or better yet, never "owned" them in the first place. Another Founding Father, Benjamin Franklin not only freed his slaves but became an abolitionist. By my count, at least 11 of the other Founding Fathers never owned slaves. Now here's the lesson I'd like us to apply to your life right now: Don't procrastinate in doing the right thing. Do it now.

CANCER (June 21-July 22): During World War II, the Japanese island of Yokohama housed a factory that manufactured poison gas for use in chemical warfare against China. These days it is a tourist attraction famous for its thousands of feral but friendly bunnies. I'd love to see you initiate a comparable transmutation in the coming months, dear Cancerian: changing bad news into good news, twisted darkness into interesting light, soullessness into soulfulness. Now is a good time to ramp up your efforts.

LEO (July 23-Aug. 22): "Scars speak for you," writes author Gena Showalter. "They say you're strong, and you've survived something that might have killed others." In that spirit, dear Leo, and in accordance with astrological omens, I invite you to authorize your scars to express interesting truths about you in the coming weeks. Allow them to demonstrate how resilient you've been, and how well you've mastered the lessons that your past suffering has made available. Give your scars permission to be wildly eloquent about the transformations you've been so courageous in achieving.

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YOU ALWAYS HAVE MORE HELP THAN YOU IMAGINE

Both people whom you know and people you don't know could very well come to your assistance and offer their support if you: 1. believe you deserve their assistance and support; 2. seek out and ask for their assistance and support.

There's a higher part of your brain that will also provide you with insight and guidance if you turn to it in humility and seek its input.

Whether or not you actually believe in spiritual beings, they, too, are ready to offer unexpected help, support, blessings and resources. If you don't believe in their existence, I invite you to pretend you do for a while and see what happens. If you do believe in them, formulate clear requests for what you'd like them to offer you.

I may also be able to provide you with compassionate guidance, both through the written horoscopes I provide in this newsletter and the Expanded Audio Horoscopes I offer online and via telephone.

To listen to your Expanded Audio Horoscope online, go to <https://RealAstrology.com>

Register and/or log in through the main page.

You can also listen over the phone by calling 1-877-873-4888.

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The cost is \$6 per sign on the On the Web. (Discounts are available for bulk purchases.) You can also access them for \$1.99 per minute by phone

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VIRGO (Aug. 23-Sept. 22): According to novelist Doris Lessing, "Everybody in the world is thinking: I wish there was just one other person I could really talk to, who could really understand me, who'd be kind to me." She implied that hardly anyone ever gets such an experience—or that it's so rare as to be always tugging on our minds, forever a source of unquenched longing. But I'm more optimistic than Lessing. In my view, the treasured exchange she describes is not so impossible. And I think it will be especially possible for you in the coming weeks. I suspect you're entering a grace period of being listened to, understood, and treated kindly. Here's the catch: For best results, you should be forthright in seeking it out.

LIBRA (Sept. 23-Oct. 22): "How much has to be explored and discarded before reaching the naked flesh of feeling?" wrote composer Claude Debussy. In the coming weeks, I hope you'll regard his words as an incitement to do everything you can to reach the naked flesh of your feelings. Your ideas are fine. Your rational mind is a blessing. But for the foreseeable future, what you need most is to deepen your relationship with your emotions. Study them, please. Encourage them to express themselves. Respect their messages as gifts, even if you don't necessarily act upon them.

SCORPIO (Oct. 23-Nov. 21): You may never wander out alone into a dark forest or camp all night on a remote beach or encounter a mountain lion as you climb to a glacier near the peak of a rugged mountain. But there will always be a primeval wilderness within you—uncivilized lands and untamed creatures and elemental forces that are beyond your rational understanding. That's mostly a good thing! To be healthy and wise, you need to be in regular contact with raw nature, even if it's just the kind that's inside you. The only time it may be a hindrance is if you try to deny its existence, whereupon it may turn unruly and inimical. So don't deny it! Especially now. (PS: To help carry out this assignment, try to remember the dreams you have at night. Keep a recorder or notebook and pen near your bed.)

SAGITTARIUS (Nov. 22-Dec. 21): "What damages a person most," wrote philosopher Friedrich Nietzsche, "is to work, think, and feel without inner necessity, without any deep personal desire, without pleasure—as a mere automaton of duty." Once a year, I think every one of us, including me, should meditate on that quote. Once a year, we should evaluate whether we are living according to our soul's code; whether we're following the path with heart; whether we're doing what we came to earth to accomplish. In my astrological opinion, the next two weeks will be your special time to engage in this exploration.

CAPRICORN (Dec. 22-Jan. 19): What are your edges, Capricorn? What aspects of your identity straddle two different categories? Which of your beliefs embrace seemingly opposed positions? In your relations with other people, what are the taboo subjects? Where are the boundaries that you can sometimes cross and other times can't cross? I hope you'll meditate on these questions in the coming weeks. In my astrological opinion, you're primed to explore edges, deepen your relationship with your edges, and use your edges for healing and education and cultivating intimacy with your allies. As author Ali Smith says, "Edges are magic; there's a kind of forbidden magic on the borders of things, always a ceremony of crossing over, even if we ignore it or are unaware of it."

AQUARIUS (Jan. 20-Feb. 18): According to intermedia artist Sidney Pink, "The idea of divine inspiration and an aha moment is largely a fantasy." What the hell is he talking about?! That's fake news, in my view. In the course of my creative career, I've been blessed with thousands of divine inspirations and aha moments. But I do acknowledge that my breakthroughs have been made possible by "hard work and unwavering

dedication," which Sidney Pink extols. Now here's the climax of your oracle: You Aquarians are in a phase when you should be doing the hard work and unwavering dedication that will pave the way for divine inspirations and aha moments later this year.

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Homework. What's your theme song for 2021 so far?
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NEED TO CHANGE YOUR EMAIL ADDRESS?

To join or leave the email list for this newsletter, or to change the address where you receive it, go to:
<https://FreeWillAstrology.com/newsletter/>

Once you join, check these points to ensure you'll actually receive the newsletter:

1. Add my address, televisionary@comcast.net, to your address book so that the newsletter won't be treated as spam and filtered out.
2. Adjust your spam filter so it doesn't treat my address as spam.
3. Tell your company's IT group to let my address pass through any filtering software they have set up.
4. If my newsletters don't reach your inbox, look in your "Bulk Mail" or "Junk Mail" folder.
5. Problems could originate with your email provider. It may be using a "content filter" that prevents my newsletter from reaching you. If you suspect that's true, complain. Tell your email provider to stop blocking my newsletter.

P.S. I totally respect your privacy. I'll never sell or give away your address to anyone.

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