

Rob Breznys's Astrology Newsletter

November 11, 2020

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See a pretty version of this newsletter: <https://bit.ly/VictoryOfLove>

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GRATITUDE FEST

Would you like to make yourself smarter and more beautiful? Are you interested in increasing your capacity for ecstasy and improving your health? Consider the possibility of celebrating regular Gratitude Fests.

During these celebrations of appreciation, you could confer praise and respect on the creatures, both human and otherwise, that have played seminal roles in inspiring you to become yourself. You would devote yourself to invoking and expressing thanks.

Who teaches and helps you? Who sees you for who you really are? Who nudges you in the direction of your fuller destiny and awakens you to your signature truths? Who loves you brilliantly?

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SEEK TEACHINGS EVERYWHERE

As a bee seeks nectar from all kind of flowers, seek teachings everywhere. Like a deer that finds a quiet place to graze, seek seclusion to digest all that you have gathered. Like a madman beyond all limits, go wherever you please and live like a lion completely free of all fear.

—ancient Tibetan text

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THE HISTORY OF YOUR RELATIONSHIP WITH DESIRE

Imagine it's 30 years from now. You're looking back at the history of your relationship with desire. There was a certain watershed moment when you clearly saw that some of your desires were mediocre, inferior, and wasteful, while others were pure, righteous, and invigorating.

Beginning then, you made it a life goal to purge the former and cultivate the latter.

Thereafter, you occasionally wandered down dead ends trying to gratify yearnings that weren't worthy of you, but usually you wielded your passions with discrimination, dedicating them to serve the highest and most interesting good.

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THE UNIVERSE IS MADE OF STORIES

The poet Muriel Rukeyser said the universe is composed of stories, not of atoms. The physicist Werner Heisenberg declared that the universe is made of music, not of matter.

And we believe that if you habitually expose yourself to toxic stories and music, you could wind up living in the wrong universe, where it's impossible to become the gorgeous genius you were born to be.

That's why we implore you to nourish yourself with delicious, nutritious tales and tunes that inspire you to exercise your willpower for your highest good.

Listen to this as a spoken-word piece: <https://bit.ly/1OUgPUt>

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DOUBLE HAPPINESS

There is a Chinese character that means "Double Happiness." It's my emblem right now.

First happiness: Joe Biden won the presidency, earning more than 75 million votes—4.4 million more votes than the departing tyrant. That's by far the most in history, and will be even greater when the count is finished.



Two quotes I use as guidance:

"The secret of change is to focus all of your energy, not on fighting the old, but on building the new."  
—Dan Millman.

"You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete."  
—Buckminster Fuller

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Bright spot: The 71+ million people who voted for Trump are just 29% of the registered voters in the US, and only 21.3% of the total US population.

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### EMOTIONAL INTELLIGENCE

Emotional intelligence is the single most underrated superpower in the world.

One of the simplest and most effective ways to begin cultivating emotional intelligence is to learn to communicate using "I" statements. More info about that: <https://tinyurl.com/MakingIstatements>

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A reader asked me: "Do you think that cultivating emotional intelligence increases our ability to communicate with community members who don't feel like 'our people'?"

Here's my response: Sure—if those people want to be communicated with and aren't so hostile that they're not available for real conversation.

All my adult life, I've been open and welcoming to talk with and listen to everyone and anyone, including people who don't share my political and spiritual beliefs and who don't value psychological wisdom as being key to living a good life.

That openness and welcome aren't always returned, though. And I don't try to force an interaction with anyone who is closed to me.

Also: When someone's first comment to me is hostile and derisive, I withdraw my openness and welcome.

The good news: I never take their rejection personally.

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Some Trump supporters assume that I have been "brainwashed by the mainstream media."

Here's the truth: I have been pointedly critiquing the mainstream media since 1981, when I came of age as a thinker and an artist. In fact, analyzing the flaws of the mainstream media has been central to my work as a philosopher and artist.

An important resource in my critique was Noam Chomsky's book \*Manufacturing Consent: The Political Economy of the Mass Media\*.

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Furthermore, I have always made it a point to read rightwing media. There's no echo chamber in my world.

I don't read every conservative publication every day, but I rotate through the conservative media listed at this source: <https://tinyurl.com/y253pth7>

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### WHAT DOES LOVE MEAN?

What exactly does it mean to "love" someone who condones and enables tyranny and cruelty? Of what does the love consist? How is it expressed?

A few people are telling me that we should love Trump supporters despite the fact that they sanction his execrable words and actions.

I have always been careful never to wish ill on anyone, even those who do cruel and destructive things and who collaborate with people who do cruel and destructive things. I am not the administrator of Karma, and I can't see the long-term, big-picture plans of Goddess. So I don't hate anyone. I aspire to feel and express love.

On the other hand, that loving perspective doesn't mean that I allow haters to have a negative impact in my life. I protect myself from them.

And I won't tell them it's OK to do cruel and destructive things or help others do cruel and destructive things.



writes, "The grounds of my hope have always been that history is wilder than our imagination of it and that the unexpected shows up far more regularly than we ever dream." In my astrological estimation, her grounds for hope should also be yours in the coming weeks. The future is more wide-open than you might think. The apparent limitations of the past are at least temporarily suspended and irrelevant. Your fate is purged of some of your old conditioning and the inertia of tradition. I encourage you to make a break for freedom. Head in the direction of the Beautiful Unknown.

CAPRICORN (Dec. 22-Jan. 19): The famous Leaning Tower of Pisa doesn't stand straight, but tilts at an angle. Why? The soil it was built on is soft on one side. So the marble-and-limestone structure began to tip even before it was finished. That's the weird news. The good news is that the tower has remained standing for more than eight centuries—and has stayed intact even though four major earthquakes have rolled through the area. Why? A research team of engineers determined it's because of the soft foundation soil, which prevents the tower from resonating violently with the temblors. So the very factor that makes it odd is what keeps it strong. Is there a comparable phenomenon in your life? I believe there is. Now is a good time to acknowledge this blessing—and enhance your use of it.

AQUARIUS (Jan. 20-Feb. 18): Even if you tend to pay more attention to what's going wrong than what's going right, I ask you to change your attitude for the next three weeks. Even if you believe that cynicism is an intelligent perspective and a positive attitude is a wasteful indulgence, I encourage you to suspend those beliefs. As an experiment—and in accordance with astrological potentials—I invite you to adopt the words of activist Helen Keller as your keynote: "Every optimist moves along with progress and hastens it, while every pessimist would keep the world at a standstill. The consequence of pessimism in the life of a nation is the same as in the life of the individual. Pessimism kills the instinct that urges people to struggle against poverty, ignorance and crime, and dries up all the fountains of joy in the world."

PISCES (Feb. 19-March 20): Researchers in the UK found that 62 percent of the adult population brags that they've read classic books that they have not in fact read. Why? Mostly to impress others. George Orwell's \*1984\* is the top-rated book for fake claims, followed by Tolstoy's \*War and Peace\*, James Joyce's \*Ulysses\*, and the Bible. I hope you won't engage in anything like that type of behavior during the weeks ahead. In my opinion, it's even more crucial than usual for you to be honest and authentic about who you are and what you do. Lying about it might seem to be to your advantage in the short run, but I guarantee it won't be.

ARIES (March 21-April 19): "Love can't always do work," wrote novelist Iris Murdoch. "Sometimes it just has to look into the darkness." From what I can tell, you've been doing that recently: looking into the darkness for love's sake. That's a good thing! You have been the beneficiary of the blessings that come through the contemplation of mysteries and enigmas. You've been recalibrating your capacity to feel love and tenderness in the midst of uncertainty. I suspect that it will soon be time to shift course, however. You're almost ready to engage in the intimate work that has been made possible by your time looking into the darkness.

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LOVE YOUR LIFE!

How's your fight for freedom going? Are you making progress in liberating yourself from your unconscious obsessions, bad habits, and conditioned responses? Are you turning out to be the hero of your own life?

For assistance and inspiration, tune in to my EXPANDED AUDIO HOROSCOPES.

These forecasts are different in tone and format from the written horoscopes you read here in the newsletter. They're longer and more leisurely in tone.

To listen to your Expanded Audio Horoscope online, go to <https://RealAstrology.com>

Register and/or log in through the main page.

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The cost is \$6 per sign online. (Discounts are available for bulk purchases.)

You can also listen over the phone by calling 1-877-873-4888. The cost is \$1.99 per minute. Each forecast is 4-5 minutes long.

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"Your expanded audio horoscopes help me remember the important things I've forgotten and they help me forget about the unimportant things I don't need to dwell on."

—Raven Hudson, Austin

"I love the soothing kindness of your audio horoscopes. I also love their invigorating encouragement and surprising inspiration!"

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TAURUS (April 20-May 20): Author Barbara Kingsolver says, "Don't try to figure out what other people want to hear from you; figure out what you have to say." That's always valuable advice, but it'll be especially useful to keep in mind during the coming weeks. You're probably going to feel more pressure than usual to tell others what they wish you would tell them; you may experience some guilt or worry about being different from their expectations of you. Here's the good news: I'm pretty certain you can be true to yourself without seeming like a jerk to anyone or damaging your long-term interests. So you might as well say and do exactly what's real and genuine.

GEMINI (May 21-June 20): "The violets in the mountains have broken the rocks," wrote playwright Tennessee Williams. I think that's a poetic but accurate description of the feat you've been working on lately, Gemini. You're gently smashing through stony obstructions. You've been calling on your irrepressible will to enjoy life as you have outsmarted the rugged, jagged difficulties. You're relying on beauty and love to power your efforts to escape a seemingly no-win situation. Congratulations! Keep up the good work!

CANCER (June 21-July 22): Cancerian rapper Vince Staples says, "I feel like it's impossible to be completely yourself." Why? Because ideally we're always outgrowing who we have become; we're moving beyond the successes we have already achieved. There is no final, whole, ideal "self" to inhabit and express—only more and more of our selfness to create. Staples suggests we'd get bored if we reached a mythical point where we had figured out exactly who we are and embodied it with utter purity. We always have a mandate to transform into a new version of our mystery. Sounds like fun! Everything I just said, Cancerian, is an empowering meditation for you right now.

LEO (July 23-Aug. 22): "I am my own sanctuary and I can be reborn as many times as I choose throughout my life." Singer-songwriter Lady Gaga said that, and now I offer it to you to use as your motto. According to my analysis of the astrological omens, it's a fabulous time to be your own sanctuary. I invite you to rebirth yourself at least twice between now and the end of November. What's the first step you'll take to get started?

VIRGO (Aug. 23-Sept. 22): The National Football League is a giant socialist enterprise. It earns billions of dollars of revenue, and shares it equally with each of its 32 teams. So the team in Green Bay, Wisconsin, population 105,000, receives the same payout as the team in Chicago, population 2.7 million. I advocate a comparable approach for you in the coming weeks. Just for now, distribute your blessings and attention and favors as evenly as possible, showing no favoritism toward a particular child or friend or pet or loved one or influence. Be an impartial observer, as well. Try to restrain biases and preferential treatment as you act with even-handed fair-mindedness. Don't worry: You can eventually go back to being a subjective partisan if you want. For the foreseeable future, your well-being requires cordial neutrality.

LIBRA (Sept. 23-Oct. 22): "Who is to decide between 'Let it be' and 'Force it'?" asked Libran author Katherine Mansfield. I mention this because you're now hanging out in the limbo zone between "Let it be" and "Force it." But very soon—I'm sure you'll have a clear intuition about when—you'll figure out how to make a decisive move that synthesizes the two. You will find a way to include elements of both "Let it be" and "Force it."

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Homework: What's the one thing you have never said to your best friend that you really should say? [FreeWillAstrology.com](http://FreeWillAstrology.com)

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NEED TO CHANGE YOUR EMAIL ADDRESS?

To join or leave the email list for this newsletter, or to change the address where you receive it, go to: <https://FreeWillAstrology.com/newsletter/>

Once you join, check these points to ensure you'll actually receive the newsletter:

1. Add my address, [televisionary@comcast.net](mailto:televisionary@comcast.net), to your address book so that the newsletter won't be treated as spam and filtered out.
2. Adjust your spam filter so it doesn't treat my address as spam.
3. Tell your company's IT group to let my address pass through any filtering software they have set up.
4. If my newsletters don't reach your inbox, look in your "Bulk Mail" or "Junk Mail" folder.
5. Problems could originate with your email provider. It may be using a "content filter" that prevents my newsletter from reaching you. If you suspect that's true, complain. Tell your email provider to stop blocking

my newsletter.

P.S. I totally respect your privacy. I'll never sell or give away your address to anyone.

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