

Rob Brezsny's Astrology Newsletter

December 11, 2019

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See a pretty version of this newsletter:
<https://bit.ly/YourLuminousFuture>

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Remember that at any given moment there are a thousand things you can love.

- David Levithan

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YOUR UNIQUE GENIUS

You are a genius. Maybe not in the same way that Einstein and Beethoven were, but still: You possess exceptional capacities that are absolutely unique. You're a masterpiece unlike any other that has ever lived in the history of the world.

Furthermore, the precise instructions you need to ripen into your genius have always been with you, even from the time before you were born. In the words of psychologist James Hillman, you have a soul's code.

You might also call it the special mission you came to Earth to carry out, the divine blueprint that contains the open secret of how to be perfectly, unpredictably yourself; the master plan that is your heart's deepest desire.

Would you like help in deciphering it? The Divine Intelligence Formerly Known as God is always on call, ready to help. It's your birthright to ask Her a specific question every day about what you need to do next to express your soul's code; it's also your birthright to receive a response.

The divine revelation may not be as unambiguous as a little voice in your head. It might appear in the form of a TV commercial, an odd dream, or an encounter with a stranger. It could be demanding and difficult, delivering information you'd rather not have to deal with. Or it might show up as a clear and simple feeling of knowing exactly what to do, and it could be easy and fun.

What's the most important question for you to ask today?

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THE MOST ENJOYABLE THING

The most important and enjoyable thing in life is doing something that's a complicated, tricky problem for you that you don't know how to solve.

- William Vollman

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THANKS FOR MAKING MY LIFE BETTER

you really mean it): "Thanks for making my

How can you stay strong in your ability to fight off sickness and madness? You know the drill: Eat healthy food, sleep well, get physical exercise, minimize stress, give and receive love. But as an aspiring pronoiac, you have at your disposal other actions that can provide powerful boosts to your immune system. Here are examples:

Scheme to put yourself in the path of beautiful landscapes, buildings, art, and creatures.

Exercise your imagination regularly. Get in the habit of feeding your mind's eye images that fill you with wonder and vitality.

Eliminate uhs, you knows, I means, and other junk words from your speech. Avoid saying things you don't really mean and haven't thought out. Stop yourself when tempted to make scornful assertions about people.

Every night before you fall asleep, review the day's activities in your mind's eye. As if watching a movie about yourself, try to be calmly objective as you observe your memories from the previous 16 hours. Be especially alert for moments when you strayed from your purpose and didn't live up to your highest standards.

With a companion, sit in front of a turned-off TV as you make up a pronoiac story that features tricky benevolence, scintillating harmony, and amusing redemption. Speak this tale aloud or write it down.

Take on an additional job title, beautifier. Put it on your business card and do something every day to cultivate your skill. If you're a people person, bring grace and intrigue into your conversations; ask unexpected questions that provoke original thoughts. If you're an artist, leave samples of your finest work in public places. If you're a psychologist or sociologist, point out the institutions and relationships that are working really well. Whatever you do best, be alert for how you can refine it and offer it up to those who'll benefit from it.

If you're going through a phase when you feel you have nothing especially beautiful to offer, or if you think it would be self-indulgent to inject your own aesthetic into shared environments, turn for help to great artists and thinkers. Sneak O'Keeffe or Chagall prints onto unadorned walls in public places, for instance.

Memorize poems by Rilke and Hafiz, and slip them into your conversations when appropriate. Program your cell phone so that its ring is Vivaldi's *Stabat Mater in C Minor*. Scrawl passages from Annie Dillard's *Teaching a Stone to Talk* on the walls of public lavatories.

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THE SPECIAL PERSON WHO IS JUST RIGHT FOR YOU

"We're all seeking that special person who is right for us. But if you've been through enough relationships, you begin to suspect there's no right person, just different flavors of wrong."

"Why is this? Because you yourself are wrong in some way, and you seek out partners who are wrong in some complementary way. But it takes a lot of living to grow fully into your own wrongness. And it isn't until you finally run up against your deepest demons, your unsolvable problems—the ones that make you truly who you are—that we're ready to find a lifelong mate."

"Only then do you finally know what you're looking for. You're looking for the wrong person. But not just any wrong person: the right wrong person—someone you lovingly gaze upon and think, 'This is the problem I want to have.'

"I will find that special person who is wrong for me in just the right way."

- Andrew Boyd, "Daily Afflictions: The Agony of Being Connected to Everything in the Universe"

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WANT TO GET YOUR ASTROLOGICAL CHART READ?

If you want your personal chart done, I recommend a colleague whose approach to reading astrology charts closely matches my own. She's my wife, RO LOUGHAN. She's at <http://www.roloughran.com>.

She utilizes a blend of well-trained intuition, emotional warmth, and technical proficiency in horoscope interpretation. She is skilled at exploring the mysteries of your life's purpose and nurturing your connection with your own inner wisdom.

In addition to over 33 years of astrological experience, Ro has been a licensed psychotherapist for 20 years. She integrates psychological insight with astrology's cosmological perspective.

Ro is based in California, but can do phone consultations and otherwise work with you regardless of geographic boundaries.

Check out Ro's website at <http://www.roloughran.com>

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MORE PRONOIA RESOURCES:

After a Five-Year Campaign, Woman Successfully Rallies a Nation to Protect 763,000 Square Miles of Ocean.
<https://tinyurl.com/qk87ycc>

What's the Kindest Thing You've Ever Done? Here Are the Best Deeds People Say Strangers Have Done for Them.
<https://tinyurl.com/rqsfwxm>

Rosa Parks Officially Honored With Memorial Statue in Montgomery 64 Years After Her Iconic Protest.
<https://tinyurl.com/tfb6f9>

(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)

Please tell me your own nominations for PRONOIA RESOURCES:
Truthrooster@gmail.com.

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FREE WILL ASTROLOGY
Week beginning December 12
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<https://FreeWillAstrology.com>
Grammar key: Asterisks equal *italics*

SAGITTARIUS (Nov. 22-Dec. 21): How did humans figure out that a luxurious fabric could be made from the cocoons of insect larvae? Ancient Chinese sage Confucius told the following story. One day in 2460 B.C., 14-year-old Chinese princess Xi Ling Shi was sitting under a mulberry tree sipping tea. A silk worm's cocoon fell off a branch and landed in her drink. She was curious, not bothered. She unrolled the delicate structure and got the idea of using the threads to weave a fabric. The rest is history. I foresee a silk-worm's-cocoon-falling-in-your-cup-of-tea type of event in your future, Sagittarius. Be alert for it.

CAPRICORN (Dec. 22-Jan. 19): "It is the soul's duty to be loyal to its own desires," wrote Capricorn author Rebecca West. "It must abandon itself to its master passion." That's a high standard to live up to! But then you Capricorns have substantial potential to do just that: become the champions of devoting practical commitment to righteous causes. With that in mind, I'll ask you: How are you doing in your work to embody the ideal that Rebecca West articulated? Is your soul loyal to its deepest desires? Has it abandoned itself to its master passion? Take inventory—and make any corrections, if necessary.

AQUARIUS (Jan. 20-Feb. 18): I would never try to talk you into downplaying or denying your suffering. I would never try to convince you that the pain you have experienced is mild or tolerable or eminently manageable. Who among us has the wisdom to judge the severity or intractability of anyone else's afflictions? Not I. But in the coming months, I will ask you to consider the possibility that you have the power—perhaps more than you realize—to diminish your primal aches

and angst. I will encourage you to dream of healing yourself in ways that you have previously imagined to be impossible.

PISCES (Feb. 19-March 20): "You owe it to us all to get on with what you're good at," wrote Piscean poet W. H. Auden. In other words, you have a responsibility to develop your potential and figure out how to offer your best gifts. It's not just a selfish act for you to fulfill your promise; it's a generous act of service to your fellow humans. So how are you doing with that assignment, Pisces? According to my analysis, you should be right in the middle of raising your efforts to a higher octave; you should be discovering the key to activating the next phase of your success—which also happens to be the next phase of your ability to bestow blessings on others.

ARIES (March 21-April 19): "Nobody knows really what they're doing," says Aries comedian Conan O'Brien. "And there are two ways to go with that information," he continues. "One is to be afraid, and the other is to be liberated, and I choose to be liberated by it." I hope you'll be inspired by O'Brien's example in the coming weeks, Aries. I suspect that if you shed your worries about the uncertainty you feel, you'll trigger an influx of genius. Declaring your relaxed independence from the temptation to be a know-it-all will bless you with expansive new perspectives and freedom to move.

TAURUS (April 20-May 20): Creativity expert Roger von Oech tells us, "Everyone has a 'risk muscle.' You keep it in shape by trying new things. If you don't, it atrophies. Make a point of using it at least once a day." Here's what I'll add to his advice. If your risk muscle is flabby right now, the coming weeks will be an excellent time to whip it into better shape. Start with small, modest risks, and gradually work your way up to bigger and braver ones. And what should you do if your risk muscle is already well-toned? Dream and scheme about embarking on a major, long-term venture that is the robust embodiment of a smart gamble.

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ARE YOU THE HERO OF YOUR OWN LIFE?

"Whether I shall turn out to be the hero of my own life, or whether that station will be held by anybody else, these pages must show." So begins Charles Dickens' novel **David Copperfield**.

I'd like to inspire you to create a story of your own that begins with similar words. That's why I provide these free horoscopes for you.

If you'd ever enjoy getting even more assistance from me, tune into your EXPANDED AUDIO HOROSCOPE, which I create for you each week. They're four-to-five-minute meditations on the current state of your destiny.

To buy and listen to your Expanded Audio Horoscope online, go to
<https://RealAstrology.com>

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You can also listen over the phone by calling 1-877-873-4888.

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The cost is \$6 per sign on the On the Web. (Discounts are available for bulk purchases.) You can also access them for \$1.99 per minute by phone. Each forecast is 4-5 minutes long.

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"The best part about your audio horoscopes is that they pat me on the head and kick me in the ass at the same time." - Rita L., San Diego

"Your audio oracles go beyond helping me find the truth -- they inspire me to find the WILD truth." - Patrick K., Montreal

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GEMINI (May 21-June 20): Many people engage in laughably feeble attempts to appear witty by being cynical—as if by exuding sardonic irony and sneering pessimism they could prove their mettle as brilliant observers of modern culture. An example is this lame wisecrack from humorist David Sedaris: "If you're looking for sympathy you'll find it

between shit and syphilis in the dictionary." I bring this to your attention in the hope of coaxing you to avoid indulging in gratuitous pessimism during the coming weeks. For the sake of your good health, it's important for you to be as open-minded and generous-spirited as possible. And besides that, pessimism will be unwarranted.

CANCER (June 21-July 22): "You can shop online and find whatever you're looking for," writes pundit Paul Krugman, "but bookstores are where you find what you weren't looking for." That's a good principle to apply in every area of your life. It's always smart to know exactly what you need and want, but sometimes—like now—it's important that you put yourself in position to encounter what you need and want but don't realize that you need and want.

LEO (July 23-Aug. 22): *Bachianas Brasileiras* is a nine-part piece of music that blends Brazilian folk music with the compositional style of Johann Sebastian Bach. The poet Anne Sexton relied on it, letting it replay ceaselessly during her long writing sessions. My painter friend Robin sometimes follows a similar method with Leonard Cohen's album *Ten New Songs*, allowing it to cycle for hours as she works on her latest masterpiece. In accordance with astrological omens, I invite you to select a new theme song or collection of theme songs to inspire your intense efforts in behalf of your labors of love in the coming weeks. It's a favorable time to explore the generative power of joyous, lyrical obsession.

VIRGO (Aug. 23-Sept. 22): "I've spent my life butting my head against other people's lack of imagination," mourned Virgo musician Nick Cave, who's renowned for his original approach to his craft. I'm bringing this to your attention because I suspect you will be endowed with an extra fertile imagination in the coming weeks. And I would hate for you to waste time and energy trying to make full use of it in the presence of influences that would resist and discourage you. Therefore, I'll cheer you on as you seek out people and situations that enhance your freedom to express your imagination in its expansive glory.

LIBRA (Sept. 23-Oct. 22): A scholar counted up how often the Bible delivers the command "Fear not!" and "Don't be afraid!" and similar advice. The number was 145. I don't think that approach to regulating behavior works very well. To be constantly thinking about what you're not supposed to do and say and think about tends to strengthen and reinforce what you're not supposed to do and say and think about. I prefer author Elizabeth Gilbert's strategy. She writes, "I don't try to kill off my fear. I make all that space for it. Heaps of space. I allow my fear to live and breathe and stretch out its legs comfortably. It seems to me the less I fight my fear, the less it fights back." That's the method I recommend for you, Libra—especially in the coming weeks.

SCORPIO (Oct. 23-Nov. 21): Isaac Newton (1642–1726) was one of history's most influential scientists and a key contributor to physics, astronomy, mathematics, and optics. His mastery of the nuances of human relationships was less developed, however. He had one close friendship with a Swiss mathematician, though he broke it off abruptly after four years. And his biographers agree that he never had sex with another person. What I find most curious, however, is the fact that he refused to even meet the brilliant French philosopher Voltaire, who reached out to him and asked to get together. I trust you won't do anything like that in the coming weeks, Scorpio. In fact, I urge you to be extra receptive to making new acquaintances, accepting invitations, and expanding your circle of influence.

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Homework: Resolved: The answer to a pressing question will come within 72 hours after you do a ritual in which you ask for clarity.
FreeWillAstrology.com.

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NEED TO CHANGE YOUR EMAIL ADDRESS?

To join or leave the email list for this newsletter, or to change the address where you receive it, go to:
<https://FreeWillAstrology.com/newsletter/>

Once you join, check these points to ensure you'll actually receive the newsletter:

1. Add my address, televisionary@comcast.net, to your address book so

that the newsletter won't be treated as spam and filtered out.

2. Adjust your spam filter so it doesn't treat my address as spam.

3. Tell your company's IT group to let my address pass through any filtering software they have set up.

4. If my newsletters don't reach your inbox, look in your "Bulk Mail" or "Junk Mail" folder.

5. Problems could originate with your email provider. It may be using a "content filter" that prevents my newsletter from reaching you. If you suspect that's true, complain. Tell your email provider to stop blocking my newsletter.

P.S. I totally respect your privacy. I'll never sell or give away your address to anyone.

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