

What worn-out shticks are blinding us to the blessings that life is conspiring to give us?

Which of our theories may have been useful and even brilliant in the past but are now keeping us from becoming aware of the ever_-fresh creation that unfolds before us?

It's not enough to terminate our stale mental habits just once. The price of admission into pronoia is a commitment to continual dying. We have to ask ourselves rude questions and kick our own asses again and again.

Today's versions of beauty, truth, love, goodness, justice, and liberation will pass away.

To keep abreast of the latest developments — to cultivate tomorrow's versions of pronoia — we have to immerse ourselves regularly in the waters of chaos.

Our relationship with pronoia has to be a never-ending improvisation.

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CONJURING BLESSINGS FOR YOURSELF

One of the blessings I hope you can conjure up in 2019 is a growing skill in the right use of memory. What would that involve exactly?

On the one hand, it would mean you'd cultivate a strong grasp of historical patterns; you'd be a keen student of the twists and turns of your own life's journey.

On the other hand, you wouldn't force every new event to be evaluated solely in terms of what has happened in the past; you'd recognize that some experiences may be mostly fresh.

Other ideas?

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SURROUND YOURSELF

"Surround yourself with people whose eyes light up when they see you and who have no agenda for your reform."

-Jess Lair and Kirsten Lauzon

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RE-INTERPRETATIONS

It may turn out that the "blemish" is actually essential to the beauty.

The "deviation" could be at the core of the strength.

The "wrong turn" might be crucial in getting you back on the path with heart."

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MORE PRONOIA RESOURCES:

Here Are Some Really Good Things Happening on The Planet.
<https://tinyurl.com/y8hru2fo>

1. Young gorillas have learned to dismantle poachers traps
2. Researchers are finally beginning to understand how we can repair spinal cord injuries
3. We're getting really close to eradicating the Guinea Worm parasite

from the planet

4. Australia is on track to become the first country to wipe out cervical cancer
5. Scientists are working on a graphene-based sieve that turns seawater into drinking water
6. You no longer need to pay ridiculous amounts to access peer-reviewed science research
7. We just discovered a vitamin that could reduce the incidence of birth defects and miscarriages worldwide
8. We're finally getting close to achieving sustainable nuclear fusion
9. Scientists are fighting back against antibiotic resistance
10. NASA has released all its research to the public for free

(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)

Please tell me your own nominations for PRONOIA RESOURCES:
Truthrooster@gmail.com.

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FREE WILL ASTROLOGY

Week beginning December 27

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<http://www.freewillastrology.com/horoscopes/>

Grammar key: Asterisks equal *italics*

CAPRICORN (Dec. 22-Jan. 19): A typical fluffy white cumulus cloud weighs 216,000 pounds. A dark cumulonimbus storm cloud is 106 million pounds, almost 490 times heavier. Why? Because it's filled with far more water than the white cloud. So which is better, the fluffy cumulus or the stormy cumulonimbus? Neither, of course. We might sometimes prefer the former over the latter because it doesn't darken the sky as much or cause the inconvenience of rain. But the truth is, the cumulonimbus is a blessing; a substantial source of moisture; a gift to growing things. I mention this because I suspect that for you, 2019 will have more metaphorical resemblances to the cumulonimbus than the cumulus.

AQUARIUS (Jan. 20-Feb. 18): A hundred years ago, most astronomers thought there was just one galaxy in the universe: our Milky Way. Other models for the structure of the universe were virtually heretical. But in the 1920s, astronomer Edwin Hubble produced research that proved the existence of many more galaxies. Today the estimate is that there are at least 400 billion. I wonder what currently unimaginable possibilities will be obvious to our ancestors a hundred years from now. Likewise, I wonder what currently unforeseen truths will be fully available to you by the end of 2019. My guess: more than in any other previous year of your life.

PISCES (Feb. 19-March 20): Author Elizabeth Gilbert offers advice for those who long for a closer relationship with the Supreme Being: "Look for God like a man with his head on fire looks for water." I'll expand that approach so it applies to you when you're in quest of *any* crucial life-enhancing experience. If you genuinely believe that a particular adventure or relationship or transformation is key to your central purpose, it's not enough to be mildly enthusiastic about it. You really do need to seek your heart's desire in the way people with their heads on fire look for water. 2019 will be prime time for you to embody this understanding.

ARIES (March 21-April 19): I suspect that in 2019 you'll be able to blend a knack for creating more stability with an urge to explore and seek greater freedom. How might this unusual confluence be expressed in practical ways? Maybe you'll travel to reconnect with your ancestral roots. Or perhaps a faraway ally or influence will help you feel more at home in the world. It's possible you'll establish a stronger foundation, which will in turn bolster your courage and inspire you to break free of a limitation. What do you think?

TAURUS (April 20-May 20): On the average, a total eclipse of the sun happens every 18 months. And how often is a total solar eclipse visible from a specific location on the planet? Typically, once every 375 years. In

2019, the magic moment will occur on July 2 for people living in Chile and Argentina. But I believe that throughout the coming year, Tauruses all over the world will experience other kinds of rare and wonderful events at a higher rate than usual. Not eclipses, but rather divine interventions, mysterious miracles, catalytic epiphanies, unexpected breakthroughs, and amazing graces. Expect more of the marvelous than you're accustomed to.

GEMINI (May 21-June 20): "The world's full of people who have stopped listening to themselves," wrote mythologist Joseph Campbell. It's imperative that you NOT be one of those folks. 2019 should be the Year of Listening Deeply to Yourself. That means being on high alert for your inner inklings, your unconscious longings, and the still, small voice at the heart of your destiny. If you do that, you'll discover I'm right when I say that you're smarter than you realize.

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EXPLORING YOUR LONG-RANGE FUTURE

Would you like some inspiration as you muse and wonder about your upcoming adventures in 2019?

In this week's EXPANDED AUDIO HOROSCOPES, I offer you a long-term, in-depth exploration of your destiny in the coming months. This is Part One of a three-part series.

Part Two and Part Three will be available in the next two weeks.

Access them online at <https://freewillastrology.sparkns.com>. Register and/or sign in.

They are also available by phone at 1-877-873-4888.

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The cost is \$6 per sign on the Web (discounts are available for bulk purchases), or \$1.99 per minute by phone.

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CANCER (June 21-July 22): Jackson Pollock is regarded as a pioneer in the technique of drip painting, which involves drizzling and splashing paint on canvases that lie on the floor. It made him famous. But the truth is, Pollock got inspired to pursue what became known as his signature style only after he saw an exhibit by the artist Janet Sobel, who was the real pioneer. I bring this to your attention, because I see 2019 as a year when the Janet Sobel-like aspects of your life will get their due. Overdue appreciation will arrive. Credit you have deserved but haven't fully garnered will finally come your way. You'll be acknowledged and recognized in surprising ways.

LEO (July 23-Aug. 22): As the crow flies, Wyoming is almost a thousand miles from the Pacific Ocean and more than a thousand miles from the Gulf of Mexico, which is part of the Atlantic Ocean. Now here's a surprise: in the northwest corner of Wyoming, the North Two Ocean Creek divides into two tributaries, one of which ultimately flows to the Pacific and one that reaches the Gulf. So an enterprising fish could conceivably swim from one ocean to the other via this waterway. I propose that we make North Two Ocean Creek your official metaphor for 2019. It will symbolize the turning point you'll be at in your life; it will remind you that you'll have the power to launch an epic journey in one of two directions.

VIRGO (Aug. 23-Sept. 22): I have come to the conclusion that softening your relationship with perfectionism will be a key assignment in 2019. With this in mind, I offer you observations from wise people who have studied the subject. 1. "The perfect is the enemy of the good." —Voltaire 2. "Perfection is a stick with which to beat the possible." —Rebecca Solnit 3. "Perfectionism is "the high-end version of fear." —Elizabeth Gilbert 4. "Nothing is less efficient than perfectionism." —Elizabeth Gilbert 4. "It's better to live your own life imperfectly than to imitate someone else's perfectly." —Elizabeth Gilbert

LIBRA (Sept. 23-Oct. 22): In 1682, Peter Alexeyevich became co-Tsar of Russia. He was ten years old. His 24-year-old half-sister Sophia had a hole cut in the back of his side of the dual throne. That way she could sit behind him, out of sight, and whisper guidance as he discussed political matters with allies. I'd love it if you could wangle a comparable

arrangement for yourself in 2019. Are there wise confidants or mentors or helpers from whom you could draw continuous counsel? Seek them out.

SCORPIO (Oct. 23-Nov. 21): The body of the violin has two f-shaped holes on either side of the strings. They enable the sound that resonates inside the instrument to be projected outwardly. A thousand years ago, the earliest ancestor of the modern violin had round holes. Later they became half-moons, then c-shaped, and finally evolved into the f-shape. Why the change? Scientific analysis reveals that the modern form allows more air to be pushed out from inside the instrument, thereby producing a more powerful sound. My analysis of your life in 2019 suggests it will be a time to make an upgrade from your metaphorical equivalent of the c-shaped holes to the f-shaped holes. A small shift like that will enable you to generate more power and resonance.

SAGITTARIUS (Nov. 22-Dec. 21): Sagittarian singer-songwriter Sia has achieved great success, garnering nine Grammy nominations and amassing a \$20 million fortune. Among the superstars for whom she has composed hit tunes are Beyoncé, Rihanna, and Flo Rida. But she has also had failures. Top recording artists like Adele and Shakira have commissioned her to write songs for them only to subsequently turn down what she created. In 2016, Sia got sweet revenge. She released an album in which she herself sang many of those rejected songs. It has sold more than two million copies. Do you, too, know what it's like to have your gifts and skills ignored or unused or rebuffed, Sagittarius? If so, the coming months will be an excellent time to express them for your own benefit, as Sia did.

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Homework: Forget what "Time" magazine thinks. Who is your "Person of the Year"? Tell me at <https://freewillastrology.sparkns.com>; click on "Email Rob."

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NEED TO CHANGE YOUR EMAIL ADDRESS?

To join or leave the email list for this newsletter, or to change the address where you receive it, go to:
<http://www.freewillastrology.com/newsletter/>

Once you join, check these points to ensure you'll actually receive the newsletter:

1. Add my address, televisionary@comcast.net, to your address book so that the newsletter won't be treated as spam and filtered out.
2. Adjust your spam filter so it doesn't treat my address as spam.
3. Tell your company's IT group to let my address pass through any filtering software they have set up.
4. If my newsletters don't reach your inbox, look in your "Bulk Mail" or "Junk Mail" folder.
5. Problems could originate with your email provider. It may be using a "content filter" that prevents my newsletter from reaching you. If you suspect that's true, complain. Tell your email provider to stop blocking my newsletter.

P.S. I totally respect your privacy. I'll never sell or give away your address to anyone.

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