

Rob Breznys's Astrology Newsletter

May 2, 2018

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See a pretty version of this newsletter: <http://bit.ly/YouMakeHolyChoices>

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Homework: Write essays on one or more of these topics:

1. "How I Used My Nightmares to Become Smart and Strong"
2. "How I Exploited My Problems to Become a Spiritual Freedom Fighter"
3. "How I Fed and Fed and Fed My Monsters Until They Ate Themselves to Death"
4. "How I Turned Envy, Frustration, and Smoldering Anger into Generosity, Compassion, and Fiery Success"
5. "Why Perfection Sux"

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FREEDOM FROM FEAR?

Visualize your greatest fear. How much of it is based on a possibility that the dreaded experience could actually happen? What part of your foreboding, on the other hand, is fueled by your active imagination, your habitual propensity to worry, and the pervasive angst the media and entertainment industry have infected you with?

Once you've meditated on those questions, try this one: What would it be like to live utterly without fear for 24 hours? No fear about what people think of you, no fear that you're not good enough, no fear of losing what you treasure, no fear of your hair looking bad, no fear at all.

Surprise! You can! Pick a day sometime soon when you will celebrate Freedom from Fear Day.

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I LOVE YOU

I love your pilgrim soul and I love your ever-deepening eyes.

I love how unflinchingly you peer into the heart of your own darkness.

I love how you're making yourself more and more receptive to truths in their wild states.

I love how you can dive into your in passion but never shirk your commitment to the good and the true.

I admire the way you never bear a grudge against the mountains that are in your way, but rather just set to work getting around them.

I love your commitment to deciphering the code you left for yourself before you came into this life.

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INSTRUCTIONS FOR HAVING A LIFE

Instructions for living a life:
Pay attention.
Be astonished.
Tell about it.

— Mary Oliver, from "Sometimes"

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A GOOD FATHER

"When one has not had a good father, one must create one," said Friedrich Nietzsche. What does that mean? How might you "create" a good father?

You could develop a relationship with an admirable older man who is an inspiring role model.

You could read books by men whose work stirs you to actualize your own potentials.

If you have a vigorous inner life, you could build a fantasy dad in your imagination.

Here's another possibility: Cultivate in yourself the qualities you think a good father should have.

Your ideas?

Even if you actually had a pretty decent father, I'm sure he wasn't perfect. So it still might be interesting to try out some of these ideas.

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WANT TO GET YOUR ASTROLOGICAL CHART READ?

If you want your personal chart done, I recommend a colleague whose approach to reading astrology charts closely matches my own. She's my wife, RO LOUGHRAN. She's at <http://www.roloughran.com>.

Ro utilizes a blend of well-trained intuition, emotional warmth, and technical proficiency in horoscope interpretation. She is skilled at exploring the mysteries of your life's purpose and nurturing your connection with your own inner wisdom.

In addition to over 30 years of astrological experience, Ro has been a licensed psychotherapist for 17 years. She integrates psychological insight with astrology's cosmological perspective.

Ro is based in California, but can do phone consultations and otherwise work with you regardless of geographic boundaries.

Check out Ro's website at <http://www.roloughran.com>

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MORE PRONOIA RESOURCES:

13 Climate Justice Leaders Imagined as Comic Superheroes.
<https://tinyurl.com/y76k255m>

6 Habits to Add More Compassion to Your Life. Compassion is like a muscle that, as any other, can be strengthened with relevant exercises.
<https://tinyurl.com/y7m5x4p4>

New Zealand bans all new offshore oil exploration as part of carbon-neutral future.
<https://tinyurl.com/y7nggm96>

(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)

Please tell me your own nominations for PRONOIA RESOURCES:
Truthrooster@gmail.com.

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FREE WILL ASTROLOGY
Week beginning May 3
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<http://www.freewillastrology.com/horoscopes/>
Grammar key: Asterisks equal **italics**

TAURUS (April 20-May 20): These days you have an enhanced ability to arouse the appreciation and generosity of your allies, friends, and loved ones. The magnetic influence you're emanating could even start to evoke the interest and inquiries of mere acquaintances and random strangers. Be discerning about how you wield that potent stuff! On the other hand, don't be shy about using it to attract all the benefits it can bring you. It's OK to be a bit greedier for goodies than usual as long as you're also a bit more compassionate than usual.

GEMINI (May 21-June 20): I bet that a healing influence will arrive from an unexpected direction and begin to work its subtle but intense magic before anyone realizes what's happening. I predict that the bridge you're building will lead to a place that's less flashy but more useful than you imagined. And I'm guessing that although you may initially feel jumbled by unforeseen outcomes, those outcomes will ultimately be redemptive. Hooray for lucky flukes and weird switcheroos!

CANCER (June 21-July 22): Born under the astrological sign of Cancer, Franz Kafka is regarded as one of the twentieth century's major literary talents. Alas, he made little money from his writing. Among the day jobs he did to earn a living were stints as a bureaucrat at insurance companies. His superiors there praised his efforts. "Superb administrative talent," they said about him. Let's use this as a take-off point to meditate on your destiny, Cancerian. Are you good at skills you're not passionate about? Are you admired and acknowledged for having qualities that aren't of central importance to you? If so, the coming weeks and months will be a favorable time to explore this apparent discrepancy. I believe you will have the power to get closer to doing more of what you love to do.

LEO (July 23-Aug. 22): If you really wanted to, you could probably break the world's record for most words typed per minute with the nose (103 characters in 47 seconds). I bet you could also shatter a host of other marks, as well, like eating the most hot chiles in two minutes, or weaving the biggest garland using defunct iPhones, or dancing the longest on a tabletop while listening to a continuous loop of Nirvana's song "Smells Like Teen Spirit." But I hope you won't waste your soaring capacity for excellence on meaningless stunts like those. I'd rather see you break your own personal records for accomplishments like effective communications, high-quality community-building, and smart career moves.

VIRGO (Aug. 23-Sept. 22): Isaac Newton (1643-1727) was among history's three most influential scientists. Immanuel Kant (1724-1804) has been described as *the* central figure in modern philosophy. Henry James (1843-1916) is regarded as one of the greatest novelists in English literature. John Ruskin (1819-1900) was a prominent art critic and social thinker. What did these four men have in common? They never had sex with anyone. They were virgins when they died. I view this fact with alarm. What does it mean that Western culture is so influenced by the ideas of men who lacked this fundamental initiation? With that as our context, I make this assertion: If you hope to make good decisions in the coming weeks, you must draw on the wisdom you have gained from being sexually entwined with other humans.

LIBRA (Sept. 23-Oct. 22): "Every so often, a painter has to destroy painting," said twentieth-century abstract expressionist painter Willem de Kooning. "Cézanne did it. Picasso did it with Cubism. Then Pollock did it. He busted our idea of a picture all to hell." In de Kooning's view, these "destructive" artists performed a noble service. They demolished entrenched ideas about the nature of painting, thus liberating their colleagues and descendants from stale constraints. Judging from the current astrological omens, Libra, I surmise the near future will be a good time for you to wreak creative destruction in your own field or sphere. What progress and breakthroughs might be possible when you dismantle comfortable limitations?

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YOU NEED MAGIC EVERY DAY

Every day, you have to wade through a relentless surge of soul-less facts.

The experience tends to shut down your sense of wonder.

Every day, you're over-exposed to cynical narratives that have been sucked free of delight and mystery. That's why you have to make such strenuous efforts to keep your world enchanted.

I like to think I can contribute to the sacred cause of feeding your sense of wonder and enchantment. In fact, that's one of my prime motivations for offering you the free weekly horoscopes you read in this newsletter.

If you ever want more of that good stuff, and think it's worth paying for, please consider trying out my EXPANDED AUDIO HOROSCOPES. They're four-to-five-minute meditations on the current state of your destiny.

To listen to your Expanded Audio Horoscope online, go to <http://RealAstrology.com>.

Register and/or log in through the main page.

You can also listen over the phone by calling 1-877-873-4888.

The cost is \$6 per sign on the Web (discounts available for bulk purchases), or \$1.99 per minute by phone.

The Expanded Audio Horoscopes work on most smart phones and tablets.

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"I don't much believe in astrology. But that doesn't seem to get in the way of me deriving a whole lot of benefits from your expanded audio horoscopes."

- A. Arrosto, Indianapolis

"You have an amazing aptitude for cutting through the lies I tell myself. Thanks for the gentle shocks."

- T. Preneris, Toronto

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SCORPIO (Oct. 23-Nov. 21): Mayflies are aquatic insects with short life spans. Many species live less than 24 hours, even though the eggs they lay may take three years to hatch. I suspect this may be somewhat of an apt metaphor for your future, Scorpio. A transitory or short-duration experience could leave a legacy that will ripen for a long time before it hatches. But that's where the metaphor breaks down. When your legacy has fully ripened -- when it becomes available as a living presence -- I bet it will last a long time.

SAGITTARIUS (Nov. 22-Dec. 21): When a critic at *Rolling Stone* magazine reviewed the Beatles' *Abbey Road* in 1969, he said some of the songs were "so heavily overproduced that they are hard to listen to." He added, "Surely they must have enough talent and intelligence to do better than this." Years later, however, *Rolling Stone* altered its opinion, naming *Abbey Road* the fourteenth best album of all time. I suspect, Sagittarius, that you're in a phase with metaphorical resemblances to the earlier assessment. But I'm reasonably sure that this will ultimately evolve into being more like the later valuation -- and it won't take years.

CAPRICORN (Dec. 22-Jan. 19): According to my analysis of the astrological omens, love should be in full bloom. You should be awash in worthy influences that animate your beautiful passion. So how about it? Are you swooning and twirling and uncoiling? Are you overflowing with a lush longing to celebrate the miracle of being alive? If your answer is yes, congratulations. May your natural intoxication levels continue to rise. But if my description doesn't match your current experience, you may be out of sync with cosmic rhythms. And if that's the case, please take emergency measures. Escape to a sanctuary where you can shed your worries and inhibitions and maybe even your clothes. Get drunk on undulating music as you dance yourself into a dreamy love revelry.

AQUARIUS (Jan. 20-Feb. 18): "Life never gives you anything that's all bad or all good." So proclaimed the smartest Aquarian six-year-old girl I know as we kicked a big orange ball around a playground. I agreed with her! "Twenty years from now," I told her, "I'm going to remind you that you told me this heartfelt truth." I didn't tell her the corollary that I'd add to her axiom, but I'll share it with you: If anything or anyone or seems to be all bad or all good, you're probably not seeing the big picture. There are exceptions, however! For example, I bet you will soon experience or are

already experiencing a graceful stroke of fate that's very close to being all good.

PISCES (Feb. 19-March 20): "Enodation" is an old, nearly obsolete English word that refers to the act of untying a knot or solving a knotty problem. "Enodous" means "free of knots." Let's make these your celebratory words of power for the month of May, Pisces. Speak them out loud every now and then. Invoke them as holy chants and potent prayers leading you to discover the precise magic that will untangle the kinks and snarls you most need to untangle.

ARIES (March 21-April 19): I hate rampant consumerism almost as much as I hate hatred, so I don't offer the following advice lightly: Buy an experience that could help liberate you from the suffering you've had trouble outgrowing. Or buy a toy that can thaw the frozen joy that's trapped within your out-of-date sadness. Or buy a connection that might inspire you to express a desire you need help in expressing. Or buy an influence that will motivate you to shed a belief or theory that has been cramping your lust for life. Or all of the above! (And if buying these things isn't possible, consider renting.)

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Homework: What's the most important question you need an answer for in the next five years? Deliver your best guess to me. Freewillastrology.com.

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NEED TO CHANGE YOUR EMAIL ADDRESS?

To join or leave the email list for this newsletter, or to change the address where you receive it, go to:
<http://www.freewillastrology.com/newsletter/>

Once you join, check these points to ensure you'll actually receive the newsletter:

1. Add my address, televisionary@comcast.net, to your address book so that the newsletter won't be treated as spam and filtered out.
2. Adjust your spam filter so it doesn't treat my address as spam.
3. Tell your company's IT group to let my address pass through any filtering software they have set up.
4. If my newsletters don't reach your inbox, look in your "Bulk Mail" or "Junk Mail" folder.
5. Problems could originate with your email provider. It may be using a "content filter" that prevents my newsletter from reaching you. If you suspect that's true, complain. Tell your email provider to stop blocking my newsletter.

P.S. I totally respect your privacy. I'll never sell or give away your address to anyone.

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