



Reiki eZine by Taggart King

[Liberate Your Reiki!] The Reiki Precepts

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Liberate your Reiki!

The eZine for Open-minded Reiki people

13th November 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "The Reiki Precepts"

招福の秘法 萬病の靈藥

今日文けは 怒るな

心配すな 感謝して

業をはけめ 人に親切に

朝夕合掌して心に念じ

口に唱へよ

心身
改善
臼井靈氣療法

肇祖 臼井甕男

Hiya,

Mikao Usui's rules to live by

Everyone who has learned Reiki will have, or should have, seen the Reiki precepts - Mikao Usui's 'rules to live by' - and they are available in a variety of different forms in different lineages. Perhaps we should start by reading the text of Usui Sensei's version:

[Click HERE To Read More](#)

So, that's all from me for today.

Take care,

Taggart ;)

Taggart can help you to *reclaim your authentic self*, letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.

"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is."

- CM

Make the decision to explore a more positive future, and click here: www.taggartking.co.uk

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