



Reiki eZine by Taggart King

[Liberate Your Reiki!] Develop your Reiki Intuition (Part IV)

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Liberate your Reiki!

The eZine for Open-minded Reiki people

23rd October 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "[Develop your Reiki Intuition \(Part IV\)](#)"



Hiya,

So, in previous posts I have talked about [simple energy exercises](#) that you can carry out every day to clear and cleanse and balance your energy system. I have run through exercises that you can carry out on your own and with a volunteer to start merging with the energy, to help to open you up to your intuition.

We then moved on to practise a Japanese intuitive technique called “Reiji ho” where you allowed your hands to drift with the energy to the right places to treat, different for each person that you work on, based on their individual energy needs.

Here are the links that you need if you’d like to recap:

- [Solo exercise for merging with the Reiki energy](#)
- [Practise merging with the recipient and Reiki](#)
- [Practise Reiji ho with a seated volunteer](#)

In this post I am going to talk about using Reiji ho with a recipient who is resting on a treatment table in front of you, and how you can use Reiji ho in practice when you treat people, when you carry out full treatments.

[Click HERE To Read More](#)

So, that's all from me for today.

Take care,

Taggart ;)

Taggart can help you to *reclaim your authentic self*, letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.

"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is."

- CM

Make the decision to explore a more positive future, and click here: www.taggartking.co.uk

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