



Reiki eZine by **Taggart King**

[Liberate Your Reiki!] Develop your Reiki Intuition (Part III)

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Liberate your Reiki!

The eZine for Open-minded Reiki people

21st October 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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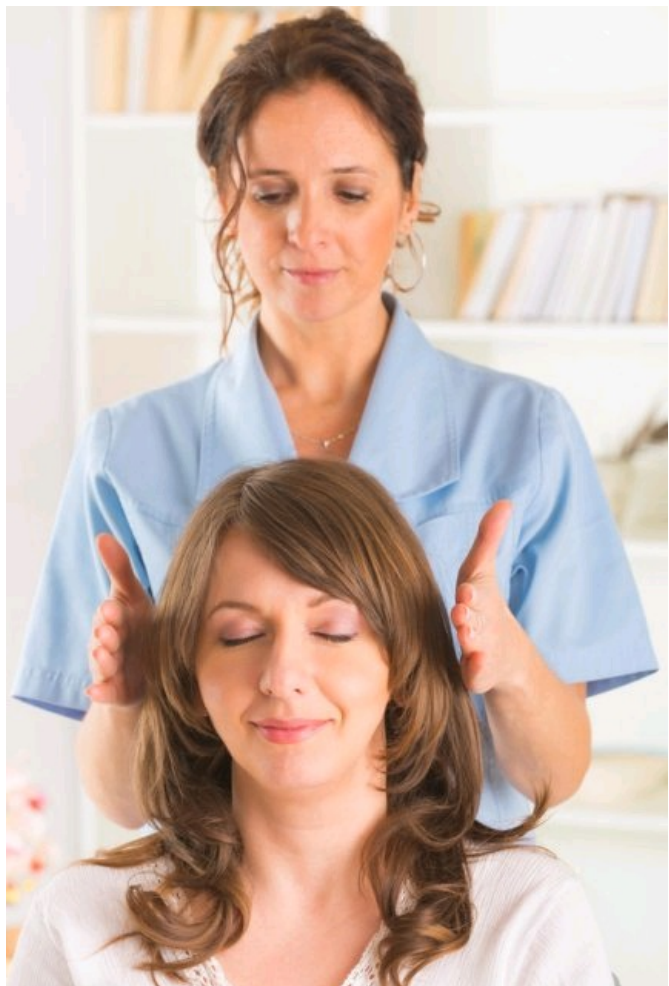


It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "Develop your Reiki Intuition (Part III)"



Hiya,

So, in previous posts I have walked you through some [simple energy exercises](#) that you can carry out every day to clear and cleanse and balance your energy system. I have also described some exercises that you can carry out on your own, and with a volunteer, to start merging with the energy, and merging with the recipient, opening you up to your intuition.

Here are the links that you need if you'd like to recap:

- [Solo exercise for merging with the Reiki energy](#)
- [Practise merging with the recipient and Reiki](#)

In this post I am going to describe a Japanese approach to working intuitively, called "Reiji ho", which means something like "indication of the spirit technique".

It's a way of allowing the energy to guide your hands so they drift - rather like being pulled by invisible magnets - to the right place to treat for each person you work on.

[Click HERE To Read More](#)

So, that's all from me for today.

Take care,

Taggart ;)

Taggart can help you to *reclaim your authentic self*, letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.

"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is."

- CM

Make the decision to explore a more positive future, and click here: www.taggartking.co.uk

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