



Reiki eZine by Taggart King

[Liberate Your Reiki!] Reiki is Not All Fluffy Bunnies!

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Liberate your Reiki!

The eZine for Open-minded Reiki people

18th September 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "Reiki is Not All Fluffy Bunnies!"



Hiya,

When Reiki shifts up a gear

We know what Reiki tends to do for people, don't we? People end up chilled, calm, serene, content, better able to cope, more positive.

Reiki brings balance, perspective, and if you add in a regular focus on the Reiki precepts, and the practise of mindfulness, then you have a really powerful system for positive change.

But it's not all happy bunnies and smiles: Reiki can produce powerful effects and elicit powerful shifts in a person.

When someone comes for a Reiki treatment, they will usually have a wonderful experience. They will feel more relaxed than they have for a very long time, they will drift, or float, or sink, they will bliss out on those boiling hot hands, they might have rainbow light shows, or tingles, a lovely experience.

But it's not like that for everyone...

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So, that's all from me for today.

Take care,

Taggart ;)

Taggart can help you to *reclaim your authentic self*, letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.

"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative

projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is.”

- CM

Make the decision to explore a more positive future, and click here: www.taggartking.co.uk

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution www.reiki-evolution.co.uk

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