



Reiki eZine by Taggart King [Liberate Your Reiki!] Are You Restricting Your Reiki? (view all archives)

Liberate your Reiki!

The eZine for Open-minded Reiki people

26th August 2024

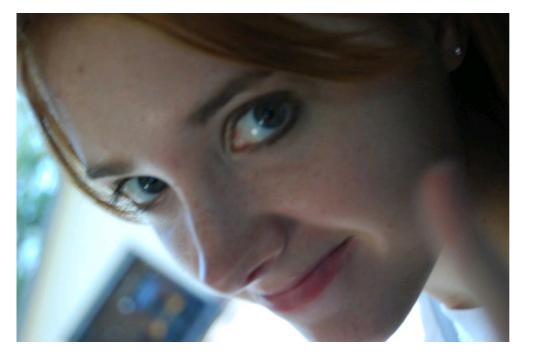


It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Todays' Article "Are You Restricting Your Reiki?"



Hiya,

Tut tut, you shouldn't do that!

Depending on whom you trained with, you may have been given quite a long list of 'situations where you should not use Reiki'.

It seems that the only restriction that Mrs Takata taught was that you should not treat a broken bone with Reiki, but many other restrictions have been added in later on in Reiki's Western history.

I thought I would spend a little time talking about these 'Reiki contraindications'.

Click HERE To Read More

So, that's all from me for today.

Take care,

Taggart ;)

Taggart can help you to *reclaim your authentic self*, letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.

"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is."

- CM

Make the decision to explore a more positive future, and click here: www.taggartking.co.uk

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution www.reiki-evolution.co.uk
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