



**Reiki eZine by Taggart King**

[Liberate Your Reiki!] Were you taught the correct 'Power' Symbol?

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## Liberate your Reiki!

The eZine for Open-minded Reiki people

24th July 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

# Liberate Your Reiki!

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**It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article**

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

**Today's Article "Variations on CKR"**



Hiya,

### **Reiki started simply**

Reiki is very simple, you know.

You start working with energy at First Degree and at Second Degree you're introduced to three symbols that you can use.

These symbols were taught to the Imperial Officers and a few others by Usui Sensei, and Dr Hayashi passed them on to Mrs Takata, who taught them in the West.

One of those symbols was CKR, perfect and complete on itself – see above.

So we started messing about with it, which is fine – experimentation is a good thing – but some of the experiments have become ossified in different lineages and passed on as 'the' way to do Reiki, rather than being taught as interesting variations.

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So, that's all from me for today.

Take care,

Taggart ;)

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“These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is.”

- CM

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