





Reiki eZine by Taggart King

[Liberate Your Reiki!] What Reiki hand positions should I use?

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Liberate your Reiki!

The eZine for Open-minded Reiki people

19th June 2024



It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Todays' Article "What Reiki hand positions should I use?"



Hiya,

Are there hand positions that you should always use?

In some Reiki lineages, students are taught 'the' hand positions that they need to use, 'the' twelve hand positions, as if it were set in stone.

But do Reiki treatments really need to follow a set format, no matter what the energy needs of the client? Does every client have to be treated in exactly the same way?

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So, that's all from me for today.

Take care,

Taggart;)



<u>Click here to find out more</u>. Let's chat about changing things for the better for you.

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