



Reiki eZine by **Taggart King**

[Liberate Your Reiki!] Sending Reiki To The Past

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Liberate your Reiki!

The eZine for Open-minded Reiki people

10th June 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "Sending Reiki To The Past"



Hiya,

Getting creative with Reiki distant healing

I suppose that most people who send practise healing will send the energy to a friend or a family member, but the energy can be used more creatively too and, since Reiki doesn't seem greatly constrained by either time or space, some people will send Reiki to 'heal their past'.

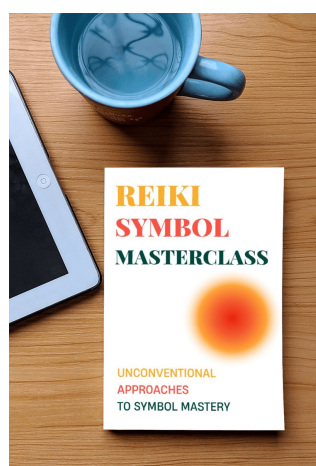
They would do that by imagining a past situation or event which has had some ongoing effect on them in terms of what they believe about themselves, some event that has held them back in some way, preventing them from being the person they could be, and imagine that the energy is cradling or flooding that event, doing whatever needs to be done to bring healing and resolution.

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So, that's all from me for today.

Take care,

Taggart



The Reiki Symbol Masterclass: Unconventional Approaches to Symbol Mastery

This is a small book but if you work through the exercises and meditations contained within it, you will gain a deep, deep understanding of the use of symbols within Reiki and you will have learned things that are not taught on the vast majority of Reiki courses. What you have here is a complete and unique approach, a powerful, freeing and inspiring system for using, creating and experiencing the energies.

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