



**Reiki eZine by Taggart King**

[Liberate Your Reiki!] Scanning At A Distance

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## Liberate your Reiki!

The eZine for Open-minded Reiki people

5th June 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

# Liberate Your Reiki!

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**It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article**

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

**Today's Article "Scanning At A Distance"**



Hiya,

### Using props

In "[How to send Reiki distant healing \(Part IV\)](#)" I spoke about different 'props' that you can use when sending distant healing: sending Reiki into a teddy bear, or a pillow, or even into your upper leg.

All these props serve to represent the recipient's body, helping you to focus your attention on the recipient and direct the energy into a particular part of their body at a distance. You are bolstering your intent by using the prop to make your intention 'concrete'.

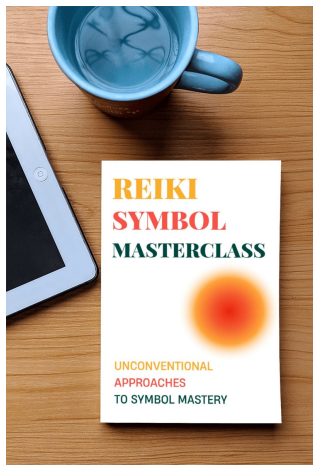
But in the same way that you are using the intermediate of the teddy bear, say, to help 'transmit' the energy, you can also receive information from the recipient about where the energy wants to go in greatest amounts, and we can do this by 'scanning' the teddy bear (or pillow).

[Click HERE To Read More](#)

So, that's all from me for today.

Take care,

Taggart



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