



**Reiki eZine** by **Taggart King**

[Liberate Your Reiki!] What If I Get It Wrong?

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## Liberate your Reiki!

The eZine for Open-minded Reiki people

3rd June 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

# Liberate Your Reiki!

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**It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article**

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

**Today's Article "What If I Get It Wrong?"**



Hiya,

### **Getting anxious about our Reiki**

When we go on a Reiki course, whether at First Degree, Second Degree or Master Teacher level, we are given instructions telling us how to carry out various tasks, and if we are conscientious then we will try our best to follow those instructions to make sure that we are 'doing it properly'.

So whether we are treating ourselves, giving someone else a Reiki treatment, or performing an attunement on a student, we hope to achieve the desired results by doing it right, by following the instructions to the letter, and if it appears to us that the desired results have not been achieved then we tend to surmise that we have not followed the instructions properly, that we have forgotten something vital and done it wrong, and we may believe that the lack of an expected result is our fault.

If only we could have done things properly then things would have been different.

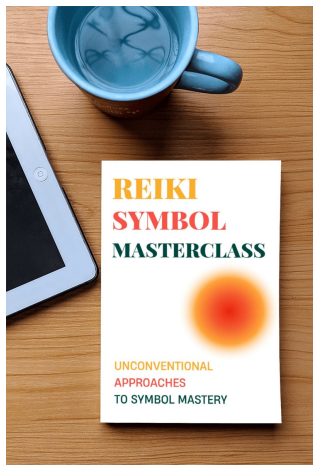
But there are two problems with this.

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So, that's all from me for today.

Take care,

Taggart



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