



**Reiki eZine by Taggart King**

[Liberate Your Reiki!] Do attunements actually work?

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## Liberate your Reiki!

The eZine for Open-minded Reiki people

8th May 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

# Liberate Your Reiki!

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**It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article**

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

**Today's Article "Do attunements actually work?"**



Hiya,

**A bit of a cheeky question!**

I thought this title might attract some attention!

There are some silly people in the world of Reiki who are squinting about Reiju empowerments and suggesting that they don't do anything, so I thought I would turn the tables slightly by posing the question, "what do attunements do, anyway?"

The received wisdom that comes through the general Western approach to Reiki is that attunements "attune" you, in that they connect you to an energy source that you weren't connected to before, opening you up to something that wasn't part of your world before the rituals took place.

But is that really what it's all about?

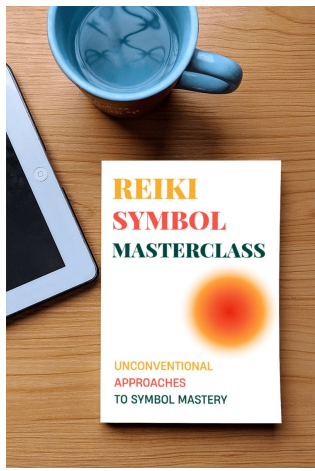
I don't believe so.

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So, that's all from me for today.

Take care,

Taggart



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