



Reiki eZine by Taggart King

[Liberate Your Reiki!] How to start a Reiki treatment

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Liberate your Reiki!

The eZine for Open-minded Reiki people

1st May 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "How to start a Reiki treatment"



Hiya,

A simple ritual to get your Reiki treatment started

People in different lineages are taught different ways of starting off a Reiki treatment – the ritual(s) that you carry out to get things started – and I thought it would be useful to share with you the sequence that we teach on Reiki Evolution courses, so that you can compare it with what you were taught.

It might trigger off some ideas and help you to develop your own way of doing things if you wanted to.

When standing by the recipient, our students are taught to go through a sequence represented by the letters A, C, B, M, F.

- A** = Affirm
- C** = Connect
- B** = Build
- M** = Merge
- F** = Flow

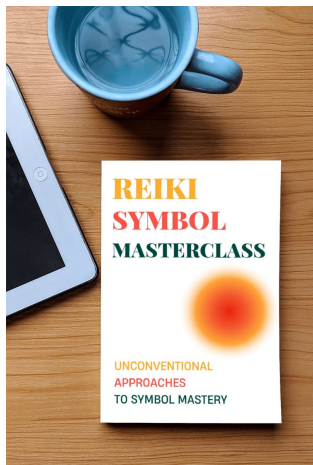
Below I describe these stages in a bit more detail...

[Click HERE To Read More](#)

So, that's all from me for today.

Take care,

Taggart



The Reiki Symbol Masterclass: Unconventional Approaches to Symbol Mastery

This is a small book but if you work through the exercises and meditations contained within it, you will gain a deep, deep understanding of the use of symbols within Reiki and you will have learned things that are not taught on the vast majority of Reiki courses. What you have here is a complete and unique approach, a powerful, freeing and inspiring system for using, creating and experiencing the energies.

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