



Reiki eZine by Taggart King

[Liberate Your Reiki!] Declutter your treatment rituals

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Liberate your Reiki!

The eZine for Open-minded Reiki people

22nd April 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "[Declutter your treatment rituals](#)"



Hiya,

Time for a Reiki spring clean?

Reiki treatments are carried out in a lot of different ways and many rituals have been developed and passed on in different lineages.

Reiki has also been affected by the belief systems of people who are involved in other energy practices and it's natural for Reiki teachings to become 'coloured' by a teacher's personal quirks and idiosyncrasies too.

Trouble is, these practices end up turning into "this is the way that you have to do it" as they are passed on from teacher to student, teacher to new teacher, and that's unfortunate since some people end up lumbered with quite complex rituals that they feel they have to carry out for a treatment to be done 'properly'.

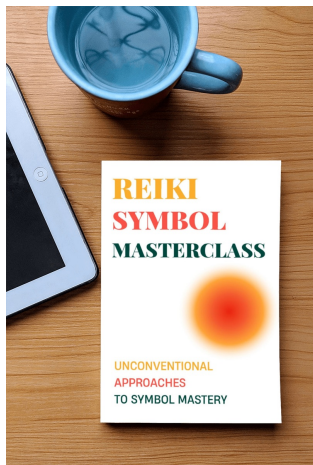
Reiki is greater than that.

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So, that's all from me for today.

Take care,

Taggart



The Reiki Symbol Masterclass: Unconventional Approaches to Symbol Mastery

This is a small book but if you work through the exercises and meditations contained within it, you will gain a deep, deep understanding of the use of symbols within Reiki and you will have learned things that are not taught on the vast majority of Reiki courses. What you have here is a complete and unique approach, a powerful, freeing and inspiring system for using, creating and experiencing the energies.

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