



Reiki eZine by Taggart King

[Liberate Your Reiki!] Bruce Lee's Advice for Reiki People...

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Liberate your Reiki!

The eZine for Open-minded Reiki people

8th April 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "Bruce Lee's Advice for Reiki People... BE LIKE WATER"



Hiya,

Excellent advice

“Be formless, shapeless... like water”

“True refinement seeks simplicity”

You might be surprised to hear that these words were spoken by Bruce Lee, film star and famous martial artist who developed Jeet Kune Do, a hybrid martial arts method that took the best approaches from different fighting systems and synthesised them into a flexible and effective fighting art.

Jeet Kune Do is referred to as a “style without style” where, unlike more traditional martial arts which Lee saw as rigid and formalistic, JKD is not fixed or patterned: it is more of a philosophy with guiding thoughts, a “style of no style”. Bruce Lee often referred to JKD as “The art of expressing the human body” in his writings and in interviews.

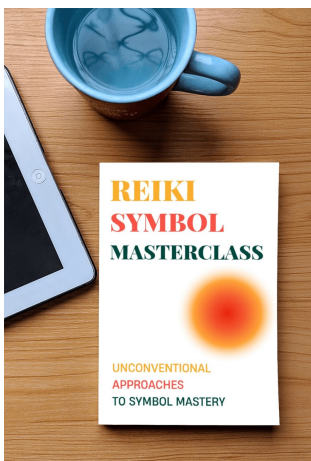
And those comments got me wondering about Reiki, especially when Lee identified three different stages that someone’s practice could go through.

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So, that's all from me for today.

Take care,

Taggart



The Reiki Symbol Masterclass: Unconventional Approaches to Symbol Mastery

This is a small book but if you work through the exercises and meditations contained within it, you will gain a deep, deep understanding of

the use of symbols within Reiki and you will have learned things that are not taught on the vast majority of Reiki courses. What you have here is a complete and unique approach, a powerful, freeing and inspiring system for using, creating and experiencing the energies.

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