



Reiki eZine by Taggart King

[Liberate Your Reiki!] Experiencing Disturbing Things...

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Liberate your Reiki!

The eZine for Open-minded Reiki people

11th March 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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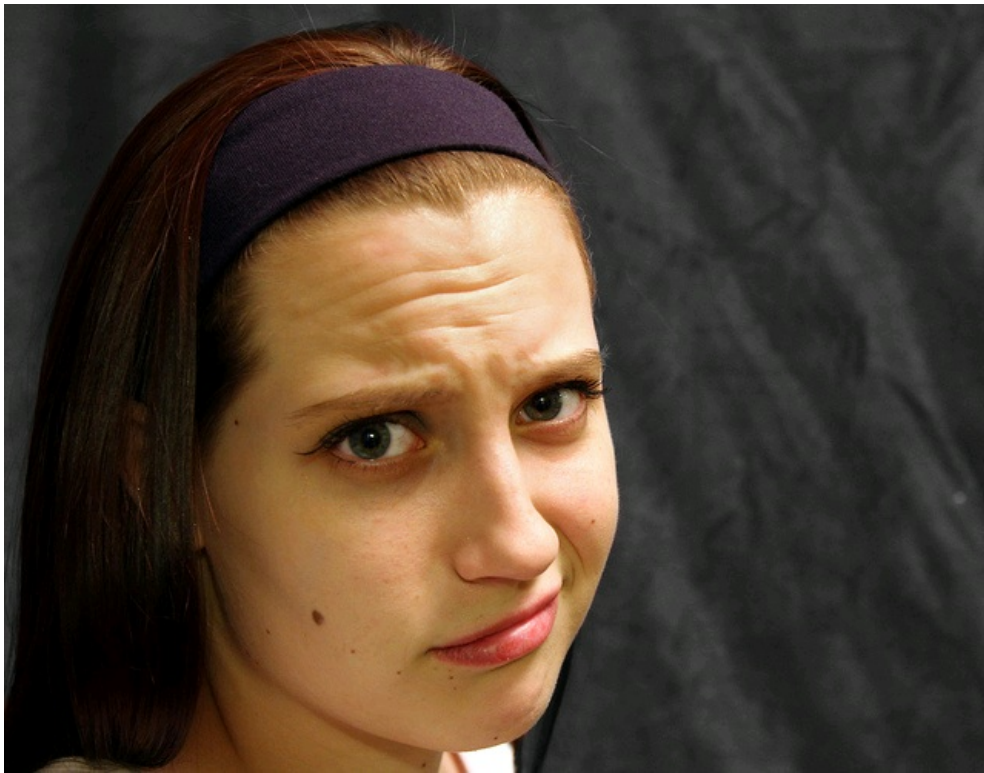


It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "Experiencing Disturbing Things..."



Hiya,

I think that most Reiki people will know about the main sensations or experiences that you can have when treating someone. If we were going to describe the 'standard' sensations then we'd be talking about heat in your hands, or fizzing, tingling and buzzing, maybe pulsing or throbbing, heaviness, a 'magnetic' sensation... or perhaps coolness, or a feeling of 'insects' crawling over your skin, or perhaps pinpricks.

And in terms of colours, we'd be experiencing bright lights, usually white, lilac and violet, or rainbow light-shows, or a particular colour predominating for a while or for the whole treatment.

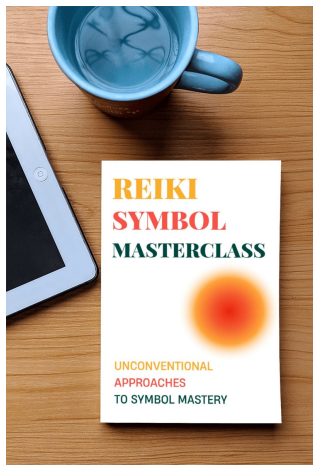
But those are not the only experiences we can have, and what I wanted to talk about today are perhaps the more 'extreme' or unusual or surprising experiences that you might come across. These don't happen very often, and perhaps won't all happen to everyone, but they are frequent enough to be noteworthy.

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So, that's all from me for today.

Take care,

Taggart



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