



**Reiki eZine by Taggart King**

[Liberate Your Reiki!] Special Reiki Courses: Focus on Shamanic Reiki

[\*\*\(view all archives\)\*\*](#)

## **Liberate your Reiki!**

**The eZine for Open-minded Reiki people**

11th January 2024



# Special Reiki Courses

Welcome to Reiki Evolution's 2024 Season:  
January to September

Animal, Equine, Drum, Five Element, Shamanic

## Today's Focus: Shamanic Reiki, with Kay Gillard

This from Kay...

*"I specialise in helping Reiki people develop their skills and understanding so they can reach their highest potential as healers. My unique, shamanic-inspired Reiki courses are my favourite way to do this. They are grounded in my 19 years of work as a shamanic practitioner and Reiki healer, and I first created these courses in back in 2009 so they are tried and tested!"*



Hiya,

Kay will be hosting her Shamanic Approaches to Reiki courses on January 20th and 21st in the centre of Glastonbury, Somerset. One day focuses on Block removal and the other focuses on Cord cutting. By all means take these two courses back-to-back and build up some momentum.

I am including some info from Kay about Shamanic Reiki below, and then you can [click to find out more](#).

### About Shamanic Reiki



"This advanced training in a shamanic approach to Reiki allows a deepening of our understanding of how trauma is held in the body, how energy medicine really works, and how Reiki can soothe and protect us and our clients as we stand on the gateway of healing transformation.

"All Shamanic Approach to Reiki workshops include comprehensive notes provided for further study and for reference later, giving more detail than we can cover on the day. The workshops themselves are focused on specific, practical work and shamanic journeying and/or perception exercises. I encourage you to read afterwards to integrate the teachings, but most of all to trust your own intuition and experiment with these techniques on your own and with your fellow practitioners. It is through your own practice you will find your own unique medicine and perspective as a healer."

### Course background and origins

"My own journey onto this path of healing began with Reiki, however that same week I also began my shamanic training. Both systems have been a huge influence on the way I work, both in my personal practice and in how I approach healing work for other people. However, I always kept the two ways of working very separate from one another, believing that they were separate systems and trying not to let them overlap in my professional work. In May 2008 my compartmentalised view of healing was completely shaken up when I trained as a Reiki Drum practitioner. This fusion technique of Reiki with shamanic medicine drumming, trance journeying and mental/emotional reprogramming with affirmations was many of my favourite techniques all rolled together. It wasn't traditional, but it was still extremely

powerful.

"Given the importance of Shinto on Usui Sensei, and that part of the original symbol for Reiki means 'Shaman who brings the rain (female Shaman, actually!) it is not surprising that Reiki is more and more coming to be thought of as a form of Shamanism. The more I learn from my Spirit teachers, the more ways I see for these two different ways of working to be united with great effect. I received a lot of guidance from Spirit after I did that training, and it has led me to bring my Reiki and shamanic knowledge together and form my own fusion techniques under the watchful eyes of my power animals and spirit guides. I have found that, far from diluting or undermining the original systems, this approach has brought the best aspects of different systems together to form something more effective than either system can be on its own.

"Reiki energy is so beautiful and gentle, it works always for the highest good, it is balancing, healing and supportive. The energy itself carries within it the principles that Reiki people live by: the Reiki precepts, a sense of oneness with all beings, love and compassion. Shamanic work is so illuminating for the client, shining a light on exactly what they are working on and why. It encourages a truly active involvement with their own healing, it enables us as practitioners to work interactively with our clients, empowering them and encouraging them to take ownership of and responsibility for their own healing. When we bring a shamanic approach to healing into our Reiki practice, we are still working with that wonderful Reiki energy that you already know so well. But by drawing on shamanic healing techniques we can promote deeper healing and more effective changes than by using Reiki alone; we can engage our clients in the healing work and give them an understanding of the energetic world we inhabit, and their power within it."

## Time to take action

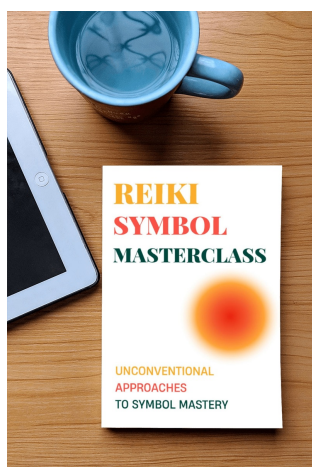
If this approach feels right to you now, take action to find out more and perhaps even enrol on Kay's Shamanic Reiki courses taking place on January 20th and 21st.

There is a limit to the number of students Kay teaches on her courses, and we like to keep numbers small, so if Shamanic Reiki attracts you or if you would like to explore it in a compassionate, supportive environment, click the link below to find out more:

[Take me to Shamanic Reiki!](#)

Best regards,

Taggart :)



## The Reiki Symbol Masterclass: Unconventional Approaches to Symbol Mastery

This is a small book but if you work through the exercises and meditations contained within it, you will gain a deep, deep understanding of the use of symbols within Reiki and you will have learned things that are not taught on the vast majority of Reiki courses. What you have here is a complete and unique approach, a powerful, freeing and inspiring system for using, creating and experiencing the energies.

Order Your Copy Now

---

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution [www.reiki-evolution.co.uk](http://www.reiki-evolution.co.uk)

[EZezine Company Terms of Service Privacy Policy](#)