



Reiki eZine by **Taggart King**

[Liberate Your Reiki!] Reiki teaching: using learning preferences

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Liberate your Reiki!

The eZine for Open-minded Reiki people

20th November 2023

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "Reiki teaching: using learning preferences"



People learn in different ways. When we learn we take in information through our senses, so we see things, we hear things, we learn through doing and we mull things over in our mind. The best learning comes when you provide people with training that engages with all these aspects.

Some people tend to prefer one approach over the others, so you might find that one person much prefers to listen, whereas another might really need to see something before they 'get it', while yet others need to do practical things, to move, to really understand and remember what they are being presented with.

In NLP (NeuroLinguistic Programming) these preferences are called being visual, or auditory or kinaesthetic. There is another preference, too, when people are referred to as 'audio digital': these people need a strong sense of order or logic before things sink in properly for them.

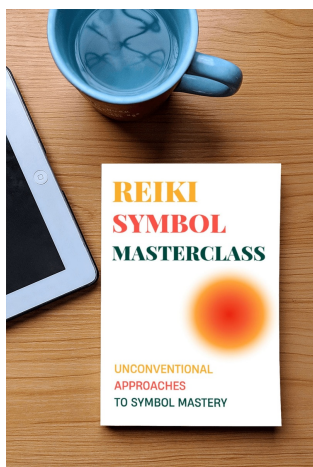
I am quite a visual person, so I like diagrams, I think in pictures (not everyone does), I use Mind Maps, my written notes are quite visually diverse and sometimes flamboyant. I need that visual input more than, say, listening to something. And I have a great need for logic and order.

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So, that's all from me for today.

Take care,

Taggart



The Reiki Symbol Masterclass: Unconventional Approaches to Symbol Mastery

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