



Reiki eZine by Taggart King

[Liberate Your Reiki!] Reiki Visualisation for Nervous Riders – by Sarah Berrisford

[\(view all archives\)](#)

Liberate your Reiki!

The eZine for Open-minded Reiki people

13th September 2023

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "Reiki Visualisation for Nervous Riders - by Sarah Berrisford" Transform Nervous Horse Riding with Reiki Visualisation

Discover the power of positive visualization for a calmer, more confident ride!

Learn how Reiki visualisation techniques can reshape your riding experience, helping both you and your horse exude tranquility. Dive into this insightful blog post and unlock the secrets to mastering your equestrian journey.

Ready to turn fear into harmony? Click below to read more and explore the world of Equine Reiki.

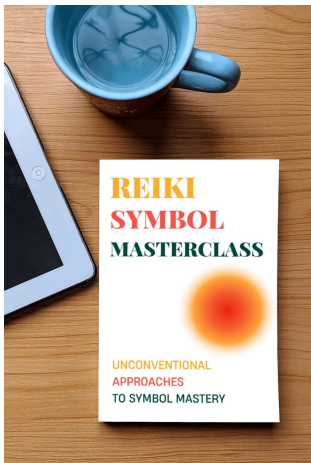


Take Me To The Article!

So, that's all from me for today.

Take care,

Taggart



The Reiki Symbol Masterclass: Unconventional Approaches to Symbol Mastery

This is a small book but if you work through the exercises and meditations contained within it, you will gain a deep, deep understanding of the use of symbols within Reiki and you will have learned things that are not taught on the vast majority of Reiki courses. What you have here is a complete and unique approach, a powerful, freeing and inspiring system for using, creating and experiencing the energies.

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