



Reiki eZine by Taggart King

[Liberate Your Reiki!] The "21-Day thing"

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Liberate your Reiki!

The eZine for Open-minded Reiki people

3rd May 2023

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

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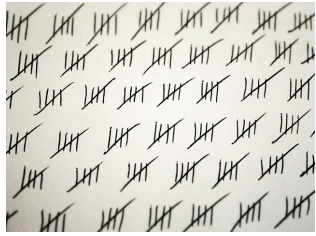
It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's...

Today's Article "The "21-Day thing"

Curious about the "21 day thing" in Reiki? Check out this blog post to learn where this idea came from and why it's recommended. Discover the truth behind the story of Mikao Usui's discovery of Reiki and the emphasis on chakras within the practice. Learn why it's important to work on yourself regularly and not just during a 21-day clear-out. Click the link to read more.



Take Me To The Article!

So, that's all from me for today, and I'll see you on the weekend with something interesting.

Take care,

Taggart



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