



Reiki eZine by Taggart King

[Liberate Your Reiki!] The Breath Of Earth And Heaven

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Liberate your Reiki!

The eZine for Open-minded Reiki people

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The Breath Of Earth And Heaven

Hi, Taggart here, from Reiki Evolution.

In this article I would like to talk about the energy that we work with when we practise Reiki: when we work on ourselves and when we share Reiki with others.

The energy that we channel is described in various ways: we are said to be working with universal energy, we are passing on unconditional love, or chi, or prana. But there are aspects of the energy that are not being explained through this use of words, and in this article I want to talk about the essence of Reiki energy. In doing this we will touch on Taoism, QiGong, Shintoism, meditation, breathing, chanting and the use of the Reiki symbols.

Click this link now to find out more:

[The Breath Of Earth And Heaven](#)

I hope you find this article interesting and helpful.

Best wishes,

Taggart :)

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution www.reiki-evolution.co.uk