



Reiki eZine by Taggart King

[Liberate Your Reiki!] Attunements, Empowerments & Contact Lenses!

[\(view all archives\)](#)

Liberate your Reiki!

The eZine for Open-minded Reiki people

7th December 2022

Attunements, Empowerments & Contact Lenses!

Hi, Taggart here, from Reiki Evolution.

In this article I would like to talk a bit about **attunements and empowerments** used in Reiki, explaining the similarities and differences between these rituals.

I was prompted to write this article after reading a message posted to an Internet discussion group a while ago, on the subject of **Reiju empowerments**. The message contained such a lot of misinformation and distortions that one could have concluded that it was posted mischievously, or maliciously, for 'political' reasons.

Just the other day I smiled broadly because I came across an item on a web page which was trying to argue that the empowerments used by Mikao Usui were ineffective in connecting people to Reiki!

Very strange.

In any case, hopefully I can clear up some confusion or misunderstandings that people might have about attunements and empowerments, and this article should be of interest to people at all Reiki levels.

As for the contact lenses, you can find out about them towards the end of this article!

Click this link now to find out more:

[Attunements, Empowerments & Contact Lenses!](#)

I hope you find this article interesting and helpful.

Best wishes,

Taggart :)

