



Reiki eZine by Taggart King

[Liberate Your Reiki!] Reiki For Anxiety

[\(view all archives\)](#)

Liberate your Reiki!

The eZine for Open-minded Reiki people

20th October 2022

Reiki For Anxiety

Hi, Taggart here, from Reiki Evolution. So, this is "stress and anxiety" week on "Liberate Your Reiki!", where I am going to be talking about the use of Reiki to deal with these common experiences, both for people who are, and are not, connected to Reiki. Today I am going to talk about anxiety and how we can use Reiki to deal with it.

Click this link now to find out more:

Reiki For Anxiety

I hope you find this article interesting and helpful.

Best wishes,

Taggart :)

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution www.reiki-evolution.co.uk