



**Reiki eZine** by **Taggart King**

[Liberate Your Reiki!] Distant Healing: Do I Need Permission?

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# Liberate your Reiki!

The eZine for Open-minded Reiki people

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## The Thorny Issue Of Permission In Distant Healing

Hi, Taggart here, from Reiki Evolution. So, having explored various different Distant Healing approaches a couple of days ago, now I thought I would address what turns out to be quite a controversial issue in Reiki: that of whether you need to obtain permission from the recipient if you are going to send them Reiki.

I am sure that you will have an opinion about this, I am sure that your Reiki teacher will have told you what "the rule" is and how you should behave. And I thought I would add my thoughts into the mix for you to think about.

Find out what I think by clicking this link now:

**[Distant Healing: Do I Need Permission?](#)**

I hope you find this article interesting and helpful.

Best wishes,

Taggart :)

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The "Liberate Your Reiki!" eZine is produced by Reiki Evolution [www.reiki-evolution.co.uk](http://www.reiki-evolution.co.uk)