



Reiki eZine by Taggart King

[Liberate Your Reiki!] Do I Need To Treat Both Sides?

[\(view all archives\)](#)

Liberate your Reiki!

The eZine for Open-minded Reiki people

30th July 2022

Do I Need To Treat Both Sides?

Hi, Taggart here, from Reiki Evolution. Following on from "21 Days", there is another belief that is taught commonly on Reiki First Degree courses that I wanted to have a talk about, and that is the issue of treating both sides when you work on someone, and in particular the instruction to *always* treat both sides.

Now, you may have guessed by now that I am not really the sort of person to just take an instruction and follow it without thinking about it a lot and trying things out for myself, and coming to my own conclusions (which I recommend that everyone should do).

So, there are a few things to consider, really, and you can find out what I think by clicking the link below:

[Do I Need To Treat Both Sides?](#)

I hope you find this article interesting and helpful.

Best wishes,

Taggart :)

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution www.reiki-evolution.co.uk