



Reiki eZine by **Taggart King**

[Liberate Your Reiki!] The "21 Day" Thing

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Liberate your Reiki!

The eZine for Open-minded Reiki people

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The "21 Day" Thing

Hi, Taggart here, from Reiki Evolution. We're now in the second week of related-to-first-degree articles and ideas, and today I wanted to focus on the idea of "Doing Your 21 Days" which seems quite common in the world of Reiki: you go on a First Degree course and then you "do your 21 days".

Quite where this idea came from I'm not completely sure, and in my article I talk about the 21 days, why some people think you need to do it, whether it's a good idea to do it, and what you might think about doing instead!

Click the link below to find out more:

The "21 Day" Thing

I hope you find this article interesting and helpful.

Best wishes,

Taggart :)

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution www.reiki-evolution.co.uk