



**Reiki eZine by Taggart King**

[Liberate Your Reiki!] Is Reiki An INTELLIGENT Energy?

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## Liberate your Reiki!

The eZine for Open-minded Reiki people  
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### Is Reiki An INTELLIGENT Energy?



#### Many different views about the energy

It is well established within Reiki that the energy we channel is 'intelligent'.

Some people believe that the energy is innately intelligent, perhaps because of its divine origins, and some believe that the intelligence of the energy is accounted for by the presence of spirit guides who direct the energy as we treat someone.

Others believe that it is the body that is intelligent, drawing the energy to where it needs to go. Most of us will have noticed that the energy will move from where our hands are resting to other parts of the recipient's body, drawn according to the recipient's need to areas of need, so it is clear that it doesn't always restrict itself to where we place it.

Some people take the line that Reiki will work perfectly well no matter what hand positions you use, irrespective of the knowledge and experience of the practitioner and whether or not the practitioner can work intuitively. The implication of this is that you could quite happily carry out a Reiki treatment by simply holding someone's hands for an hour and the energy would be drawn to the areas of need, and that there is nothing that you could do to help make the treatment more effective.

Another view is that there are things that a practitioner can do in order to increase the effectiveness of a treatment, for example:

- Working on yourself to develop your ability as a channel

- Using intuition to decide where to put your hands (rather than following standard hand positions) and what aspect of the energy to emphasise during the treatment, or where to direct your attention.

### What are we to think?

Many people will use techniques designed to balance the chakras, while at the same time maintaining that Reiki is intelligent and will always give the recipient what they need. Yet imposing your will on the energy and using it to balance the chakras is over-riding the way that the energy will work in the body, is it not?

Surely if Reiki is an intelligent energy then it will balance the recipient's chakras in a way that is appropriate for the individual, without the practitioner doing anything specific to achieve this. If you routinely direct Reiki to balance a person's chakras you are suggesting that Reiki will not balance the chakras without direct intervention by the practitioner.

Since most people would agree that Reiki works on your energy system and produces beneficial effects on all levels, how could it not balance your chakras during this process?

Either Reiki is intelligent, in which case you don't need to spend time balancing people's chakras, or it isn't intelligent, in which case we would always need to move in to balance the chakras.

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