



Reiki eZine by Taggart King

[Liberate Your Reiki!] You Can Become More INTUITIVE!

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Liberate your Reiki!

The eZine for Open-minded Reiki people

16th September 2021

You Can Become More INTUITIVE!



You are already intuitive

You may not realise it yet, and you may not have too much evidence yet, but you are already intuitive, that is without doubt.

For example, you already know just the right combination of hand positions to use on each person you treat, you already know where the areas of need are, whether they are in front of you or 100 miles away, and you already know just the right amount of time to spend in each hand position.

But at the moment you may not be able to access that intuitive information, the intuition that is already there. Your conscious mind is sitting there like a great big lump, getting in the way and preventing you from accessing what is already there.

Get your mind out of the way

Learning to work intuitively is all about learning to get your conscious mind out of the way, and trusting what comes to you, trusting what you perceive. Working intuitively is all about getting your head out of the way, suspending your

disbelief, and allowing it to happen.

To work intuitively you need to not try – it won't work if you *try* – you need to simply be there with the energy, merge with the energy, and let it happen.

So this series of blog posts is all about helping you to get your mind out of the way, helping you to not try, helping you to merge with the energy, helping you to suspend your disbelief and let it happen.

We will be going through a series of exercises over the coming weeks that you need to practise on other people. This series will not work for you unless you have a group of people available to you to be willing guinea pigs for your intuitive exercises.

- You will learn to cultivate the right state of mind to attract intuitive impressions.
- You will learn to allow your hands to drift with the energy so that “invisible magnets” pull them to the right place to treat.
- You will learn how to use visualisation in different ways to access intuitive knowledge.

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