



Reiki eZine by Taggart King

[Liberate Your Reiki!] Create A BESPOKE Reiki Symbol For Your Client!

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Liberate your Reiki!

The eZine for Open-minded Reiki people
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Create A BESPOKE Reiki Symbol For Your Client!



Create symbols tailor made for your clients

In my last Reiki article, [Create your own bespoke Reiki symbols](#), I described a simple system that you can follow in order to create a Reiki symbol that provides you with an energy perfectly suited to just what you need in this moment.

And we know that using a symbol has the effect of focusing the Reiki energy like a laser beam, narrowing its focus and boosting its power.

So this would be a useful thing to be able to do for clients too, wouldn't it, to give them a treatment that uses an energy ideally suited to just what they need in this moment?

Here is how to do that.

Asking some questions of your unconscious mind

Settle yourself at the head of the treatment table, say, and rest your hands on your client's shoulders. I think it's nice to start a treatment like this, getting the energy flowing, helping them to bliss out.

Imagine that you are merging with the energy and the recipient. Start to bliss out yourself!

With your attention focused on the recipient, say to yourself ask yourself:

1. **If** the energy that this person needs in this moment had a **shape**, what shape would it be?
2. **If** it had a colour, what **colour** would it be?
3. **If** that energy was to be held in a particular part of **their body**, where would it be held?

Allow the answers to come to you; go with the first thing that comes into your mind.

So now you have, say, an attractive blue 3D spiral that needs to reside in their solar plexus (I have chosen this at random).

What to do next...

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