



Reiki eZine by **Taggart King**

[Liberate Your Reiki!] Some HERESY About Reiki Symbols!

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Liberate your Reiki!

The eZine for Open-minded Reiki people
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Some HERESY About Reiki Symbols!



You don't need to be attuned to a symbol

In my article, [Reiki Symbols, Attunements & Beyond](#), I explain that although it has been a belief of traditional Western Reiki that the Reiki symbols will not work for you until you have been specifically 'attuned' to them, this belief is not correct.

I suggest that you zip across and read that article now because if you do then this article here will make more sense to you!

I'll wait...

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Done?

OK, so we have a situation in the modern Reiki world where people can now be initiated into Reiki without any symbols

entering into the process and, when that happens, the Reiki symbols – CKR, SHK – still work fine, eliciting the energies of earth ki and heavenly ki, as they are supposed to.

The ‘attunement’ thing isn’t a necessary step.

The energy can be focused and modified in many different ways: you can use chants, you can use intent and you can use *any* symbol that you like, whether that’s a symbol from one of the many Reiki variations, or an entirely new, channelled, or random symbol. They will all focus or frame the energy in a particular way.

Let’s experiment with some symbols

So if you feel drawn to, say, Karuna Reiki, which is heavily symbol-based, and you have access to the symbols used in that system, then explore its symbols. Meditate on them, draw their energies into your body, flood yourself with their quality or essence, and come to your own conclusion about what they are all about.

Here’s a simple experiment that you can carry out to prove to yourself that a symbol that you haven’t been attuned to will frame the energy in a distinctive way....

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