



**Reiki eZine by Taggart King**

[Liberate Your Reiki!] Sending Reiki to the Future

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## Liberate your Reiki!

The eZine for Open-minded Reiki people

24th December 2020

### Sending Reiki To The Future



#### Using distant healing creatively

I suppose that most people who send practise healing will send the energy to a friend or a family member, but the energy can be used more creatively too and, since Reiki doesn't seem greatly constrained by either time or space, some people will send Reiki to their future.

So how might this be done?

Well, imagine that you have a public speaking engagement or a job interview, or a musical performance or an exam, any event where you could do with a bit of Reiki contentment sparkling over you. What you do is to imagine yourself in that future event, in whatever way feels comfortable, and imagine that Reiki is flooding into that event or situation, flooding into the room maybe, surrounding and engulfing you and any other people who might be there.

The Reiki that you are sending gives you just what you need on that occasion, supporting, nourishing and healing in the way that you need it, working its magic on the relationship between the people that are going to be there perhaps.

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The "Liberate Your Reiki!" eZine is produced by Reiki Evolution [www.reiki-evolution.co.uk](http://www.reiki-evolution.co.uk)

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