



Reiki eZine by Taggart King

[Liberate Your Reiki!] Reiki teaching: Supporting your Students

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Liberate your Reiki!

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The eZine for Open-minded Reiki people



Supporting your Reiki students How to give your students the best possible ongoing Reiki experience...



One of the things that we hear about quite a lot from people who come to Reiki Evolution, having taken a Reiki course before with a different teacher, is that they were never able to get in touch with their previous teacher to ask questions or ask for advice. They felt left out on a limb.

Either the teacher never got back to them, or the student had the impression that the teacher was 'too busy', or the student felt intimidated and didn't want to 'bother' their Reiki teacher.

That's not very good, is it?

So in this blog I thought I would talk a bit about the different ways that we can support our students.

Decent course materials and training

The first way that we can help our students to have a great Reiki experience is to make sure that we deal with the common questions that students ask, on our live courses and in our course materials.

When I first started to teach Reiki my students had a lot of questions, and what I did was to remember what a student had asked and make sure that I provided the answer to that question the next time I ran that course, so that over time my courses became more and more helpful, and my course materials became more and more comprehensive.

Over time, I found that the number of questions I received reduced because I was answering them all in advance!

Be happy to help

Make it clear to students that you are happy to answer any questions that they might have, once they have completed their training. Have a state of mind of being friendly, open and supportive and your students will pick up on that.

I tell people that the only stupid question is the question that you do not ask, where you still have this need to have something explained to you, running round your head. That would be the stupid thing!

Now that does not mean that you have to be the source of all Reiki knowledge, on tap, available 24/7. You don't want students asking you questions that are right there in their manual. You can refer them to sources of information, like sections of your manual, or blog posts that you have written, or give them links to web sites etc.

And not all questions are answerable anyway, or the answer might be "who knows?" or "who knows, and it doesn't really matter anyway"

Remember that you are not the source of all Reiki wisdom that your students need to consult for answers about everything: we should not encourage students to be dependent on us as teachers.

You initiate them and they set out on their own journey of discovery and experimentation.

But having said that, you should do what you can to point them in the right direction and keep them focused on the

important aspects of Reiki.

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