



Reiki eZine by Taggart King

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[Liberate Your Reiki!] Sending distant healing: do I need permission?

Liberate your Reiki!

May 13th 2019

The eZine for Open-minded Reiki people



Sending distant healing: do I need permission? This is an issue that caused a lot of angst in the world of Reiki



Unethical to send distant healing?

Some people are of the opinion that it is totally unethical to send distant Reiki to a person if they have not given their permission first.

They see it as a gross intrusion, interference, a violation of that person's personal space, a violation of their energy field. I do not agree with this point of view and I see no problem in sending Reiki to whoever you want.

Here are my reasons...

Reiki is a beautiful healing energy that will not cause anyone any harm, and any Reiki sent is dedicated to the 'highest good' of the recipient, so that it is in line with their karma or destiny. This means that you are not manipulating them or imposing your preferred result on the situation: if the person really does not want to be healed, or it is not appropriate for them to benefit, then the Reiki will not work.

Permission to pray?

You do not obtain someone's permission if you are going to pray for them, and I see sending distant healing rather like a concentrated form of prayer, where you are asking for Divine intervention in someone's life, in whatever way is appropriate for them.

Nobody rings up their friends to obtain their permission to pray for them. When there is a natural disaster somewhere in the world and people are praying for victims, they don't withhold the prayer until they have obtained the written permission of all the faceless intended recipients.

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