



## Reiki eZine by Taggart King

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[Liberate Your Reiki!] "Five Element Reiki", a book by Taggart King

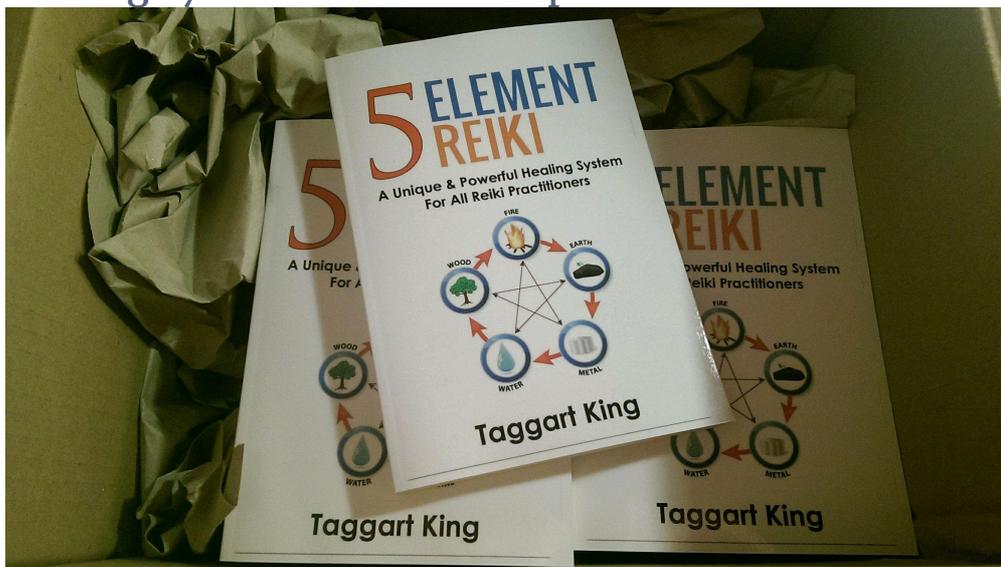
# Liberate your Reiki!

May 11th 2019

The eZine for Open-minded Reiki people



"Five Element Reiki" A unique and powerful healing system for all Reiki practitioners



What's the book about?

Well, here is the blurb for the book...

"**Five Element Reiki** is a unique way of working with Reiki. It's acupuncture without needles, or acupressure without pressing on anything, and without having to learn about or focus on the body's meridians or their acupoints.

This system, created by Taggart King, is a way of working with the energies of the five elements of Traditional Chinese Medicine so that the meridians and organs 'resonate' with the energy you channel, removing blockages and bringing a state of balance on all levels.

You'll use special symbols and creative visualisation, focus your intent and hone your intuition through a whole series of practical exercises found in this comprehensive guide. You'll learn the essence of five element theory and understand how imbalances show themselves in your body, emotions and states of mind.

This book will be of interest to anyone who is interested in exploring and experimenting with the energy and who wants to learn a unique and powerful system for self-transformation."

## What people are saying

"I would like to commend Taggart on his simple presentation of what could have been a very complicated healing system. Taggart has made healing with the 5 Elements of Traditional Chinese Medicine unbelievably simple and accessible to anyone by using unique Reiki Symbols and sharing them in this book.

A real leap forward in TCM healing in my opinion.

I like the way Taggart does explain symptoms of imbalance of each Element, then just as it all starts become heavy going he explains that relying on symptoms is not necessary as the Reiki Symbols can be used to restore balance then goes on to explain how to do this.

The book is very easy to use because of its clear presentation of the information that makes up 5 Element Reiki. I cannot think of anyone who would not benefit from using this healing system."

### Christine

"For all Reiki people and Practitioners out there, this book is a MUST BUY. It is full of good information and support tools for oneself and treating others. It's well written and helps you to view the body as a healing system in its entirety. It gives you an overview and much better understanding of how the mental, emotional and spiritual aspects of self affect the physical body and helps you gain a deeper understanding of the importance of balance in all these systems.

The intuitive working, meditations and self care exercises are fabulous and easy to use.

The guidance through treatment process ( intuiting imbalances, stabilising the organ systems and flowing/flooding the organs with the relevant elemental energy, and finishing with grounding) provides a great treatment protocol. The case studies are informative. 5 Element Reiki is an excellent piece of work.

I love it, simples!"

### Toni

## Time to find out more?

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