



Reiki eZine by Taggart King

Explore Different Reiki Distant Healing Methods [a Reiki eZine from Reiki Evolution]

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Explore Reiki Distant Healing Methods and find the best method for you



Everyone is different

Everyone is different, aren't they, and it makes sense that some people will get on better with one way of carrying out **distant healing** than others.

When you learn Reiki you're generally taught just one way of sending Reiki to someone, and it will work, but it would be nice to have a few choices, wouldn't it, so you could try out different approaches and see which method you get on best with.

So what other ways are there of sending Reiki distant healing?

Taggart's Distant Healing MP3 collection

There are quite a few ways of sending Reiki, some very, very simple, some using more of a ritualistic approach, and some using physical props to help with the process.

So I have put together a set of MP3s that you can use to try out these different methods. I talk you through each one so it's completely clear what to do.

Take a look here for more info: [Distant Healing Meditations on MP3](#)

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www.reiki-evolution.co.uk