



Reiki eZine by Taggart King

Reiki teaching: your course materials [a Reiki eZine from Reiki Evolution]

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Reiki teaching: your course materials



Imagine going on a Reiki course, say a First Degree course, for the first time. You don't know anything about Reiki, really, and you're not sure what is going to happen on the course. When you arrive, the teacher starts to tell you huge amounts of information about Reiki during your day. It's difficult to take it all in - it's all so new, after all, and you haven't heard any of this stuff before. There are new ideas and concept to get your head around and you have lots of questions.

You try to take notes as you go along, but it's a bit like trying to drink from a fire hose. You scribble away, and while you're concentrating on what to write down you miss the next bit of what they are saying, and you can hardly replay what they just said! The attunements or empowerments you receive, while often wonderful experiences, don't help either because they have made you feel all spaced out and blissful, and the energy work is zonking you out too, as you try and concentrate on what is being said.

There's a lot to take in.

Then, at the end of the day, you get sent home with a cheery goodbye and two sheets of A4: one with your lineage and one with a bad photocopy of some treatment hand positions.

Reiki students deserve better than that.

So what I am going to talk about in this blog are two things that you can do to make sure that your students' experience does not match what I described above.

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