



Reiki eZine by Taggart King

New Reiki Book - Liberate Your Reiki! - look at the contents list [a Reiki eZine from Reiki Evolution]

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Liberate your Reiki with this new Reiki book!

A few days ago I sent you a quick message to let you know that I am putting a new Reiki book together.

It will be a collection of 86 Reiki articles that I have written over the years and will have sections suitable for Reiki beginners, people who are moving on with their Reiki, and also a section for Reiki Masters.

I also said that in a few days I would be able to share the book's contents list with you, which is what I am doing below.

Take a look at the contents list here

I thought you might be interested to see a list of the different articles about Reiki that I will be including in my book. Here's the contents list:

The 10 Rules Of Reiki

Reiki Is All About You

Base Your Practice On The Precepts

Practise Mindfulness

Work On Yourself Daily

Commitment Is The Key

Don't Try Too Hard

You Don't Need To Be Perfect

Don't Keep Trying To Puzzle Out 'Why'

Trust Your Intuition

Ignore Silly Rules And Restrictions

Fundamentals

Back To Basics: Reiki First Degree

The Precepts

Mindfulness & Compassion

How To Start A Reiki Treatment

What Hand Positions Should I Use?

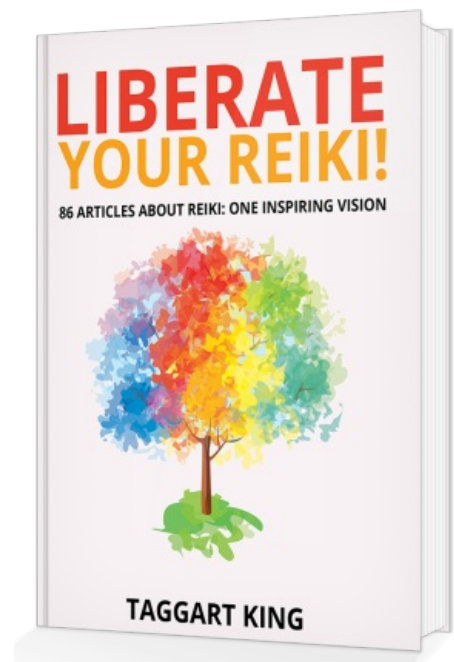
How Long Should I Spend In Each Hand Position?

Do I Need To Keep At Least One Hand On A Person When I Treat Them?

Reiki Sensations

Treating Both Sides: Is This Necessary?

What If I Get It Wrong?



Declutter Your Treatment Rituals

Reiki Treatments And Winning The Lottery

Reiki Is Not All Fluffy Bunnies!

The Kaizen Of Reiki

Get Out Of The Way!

Reiki Advice From Bruce Lee: Be Like Water

Simple Energy Exercises To Get The Energy Flowing

The Simplest Self-Treatment Meditation Ever!

Intuitive Self-Healing Meditation

Mikao Usui's Original Self-Treatment Meditation

Intuitive Hands-On Self-Treatment Method

The Simplest Hands-On Self-Treatment Method Ever

The "21 Day" Thing

Your 10 Day Reiki Challenge: The "Releasing Exercise"

Using Reiki For Anxiety

Using Reiki For Stress

Can You Send Distant Healing At Reiki First Degree?

Restrictions On Reiki

Intelligent Energy?

Developing Your Reiki

Back To Basics: Reiki Second Degree

The Breath Of Earth And Heaven

Do I Always Have To Use The Symbols?

Reiki Symbols, Attunements And Beyond

Simplicity And Sandwiches

A Simple Way With Symbols

Were You Taught The Correct "Power" Symbol: Variations On Ckr

Some Heresy About Reiki Symbols

Let's Explore Some Non-Reiki Symbols

Create Your Own Bespoke Reiki Symbols

Create A Bespoke Reiki Symbol For Your Client

The Simplest Distant Healing Method Ever!

Distant Healing With Imagined Hand Positions

Distant Healing With A Little Bit Of Ritual Attached

Distant Healing Using Some Sort Of A Prop

Do I Need Permission To Send Distant Healing?

Sending Reiki Distant Healing To The Past

Sending Reiki Distant Healing To The Future

Ditch The Dogma In Reiki Distant Healing

Distant Healing, Oneness And Mikao Usui's Original System

Hszsn But Not As You've Seen It Before!

Working With Intuition

You Can Become More Intuitive With Your Reiki

Develop Your Reiki Intuition (Part I)

Develop Your Reiki Intuition (Part II)

Develop Your Reiki Intuition (Part III)

Develop Your Reiki Intuition (Part IV)

The Importance Of Intent

Scanning At A Distance

Remote Treatments

Feng Shui Your Reiki

Beware Reiki "Know-It-Alls"

For Masters

Do Attunements Actually Work?

Become A Super Power Reiki Master In Just 48 Hours? What A Joke!

The Founder Of Western Reiki Did Distant Attunements!

Attunements, Empowerments & The Reiki Contact Lens Scandal!

Advice For New Reiki Teachers

Structuring Your Reiki Course

Reiki Teaching: Explain, Guide And Review

Reiki Teaching: Tell Them, Tell Them And Tell Them

Reiki Teaching: Your Course Materials

Reiki Teaching: Supporting Your Students

Reiki Teaching: What Are Your Goals?

Reiki Teaching: Using Learning Preferences

Reiki Teaching: Using The Right 4mat

How Reiki Evolution Can Help You With Your Reiki Courses

A printed book and an eBook

I'm excited about all this, and I will let you know when the book is ready. You will be able to order a professionally-printed copy, or download a PDF copy straight away.

Taggart King

www.reiki-evolution.co.uk