

HSP Highlights & Insights from Jacquelyn Strickland ~ Winter 2021

Winter greetings HSPs around the world,

Welcome to the Winter 2021 issue of my newsletter, HSP Highlights & Insights.

<http://www.lifeworkshelp.com/HSP-Newsletter/hsp-highlights-insights-february-2021/>

There are a lot of things to share with you, so, if you have time for a break, perhaps you might enjoy something warm to sip on while reading. ~ **what's in this issue:**

**HSP Insights:**

- The Wild Edge of Sorrow, Francis Weller, Ph.D.
- “Is Everything Okay?” – Jacquelyn Strickland

**HSP Highlights**

- HSP Freewrite Wednesdays - February 17, March 17, April 21
- HSP Community Book Club – March 2 – July 27, 2021
- The Highly Sensitive Person: How to Thrive When the World Overwhelms You
- Updates on the 37th HSP Gathering Retreat and other smaller retreats here in Colorado
- Affordable learning opportunity with Dr. Elaine Aron, March 6, 2021
- What’s on my bookshelf ? A lot !!

with HSP care and connection,  
Jacquelyn