

Dear HSPs,

Yes, it's true. The last time I published a newsletter was in the Fall of 2019. There are reasons for that which I share in this issue of my latest newsletter, HSP Highlights & Insights..... Summer 2020.

<http://www.lifeworkshelp.com/HSP-Newsletter/hsp-highlights-insights-summer-2020/>

Also in this issue you will find:

- A special invitation to a **FREE, online, virtual celebration of the 20th year since the HSP Gathering Retreats** were founded
Friday, June 26, 2020 at 6:30 pm Mountain time ~~ for all U.S. and North America HSPs
Sunday, June 28, 2020 at 9:30 am Mountain time -- for all European HSPs (early evening for most of you)
- **A Meditation of Hope and Love** --- a special meditation which helps me cope with the turbulent times we are struggling with
- **What's on my Nightstand**, including Elaine Aron's new book: The Highly Sensitive Parent
- A **special course** with Drs. Elaine & Art Aron and Michael Pluess, PH.D. The
- The **new film, Sensitive Sensitive Lovers**: a deeper look into their relationships
- New FB pages of interest

I hope to 'see' some of you soon -- either virtually or at a future HSP Gathering Retreat or a special Colorado HSP Weekend Retreat.

With love,

Jacquelyn