

Dear HSPs,

Here is the Spring 2019 issue of my newsletter, HSP Highlights & Insights.

<http://www.lifeworkshelp.com/HSP-Newsletter/spring-2019-hsp-highlights-insights/>

In this issue you will find:

2019 Events for Highly Sensitive People

The 36th HSP Gathering Retreat - September 25-29, 2019
with Elaine Aron as our online guest speaker

Colorado : HSPs & Horses
June 28, 29, 30, 2019

Spring Session: Myers Briggs with an HSP Overlay
May 18 and 25, 2019

Other Events where Elaine Aron will be appearing or speaking

plus

Announcing the first HSP Workshop for Highly Sensitive Men -
March 13-15, 2020

And ... last but not least ...

HSPs & Work - including my favorite books to help HSPs find meaningful work
plus the results of new research from a survey of 1,500 HSPs around the world

Introversion, Extroversion & the Highly Sensitive Person: Clearing up the misconceptions

with you on this amazing journey of becoming empowered highly sensitive people,

love,

Jacquelyn