

HSP research by Elaine Aron; HSPs & Horses; Three Reasons to attend the 35th HSP Gathering Retreat; Videos: Jacquelyn Strickland & Ted Zeff

Summer greetings dear HSPs,

I'm happy to share a new Fall 2018 event here in Wellington, Colorado -- about 65 miles north of Denver.

September 5, 12, 19, 2018 Three September evenings with HSPs and Horses

5:30 – 7:00 pm

<http://www.lifeworkshelp.com/HSP-Newsletter/a-september-2018-evening-series-hsps-and-horses-wellington-colorado/>

Unbridled Farm, Wellington, Colorado ~ Imagine sunset on an autumn evening at Unbridled Farm. You are with a group of highly sensitive people and a beautiful herd of horses: Ruby, Sam, Jade, Pedro, Sunny, Yiska and two donkeys Webster and Pokey. This special time offers us the opportunity to be open to our observations and connections as we learn from the wisdom of our sensitive teachers: the horses. These unique September evenings to invite us to explore a theme of Knowing and Being Known as HSPs: Our role in being known; Our role in belonging.

And HSP Research with Dr. Elaine Aron,

a 2 hour audio lecture from Elaine's visit in New Zealand 2013.. Although five years old, this information still quite relevant, and it is one of my favorite talk by Elaine. It is personal, professional, and highly informative about the research behind our HSP trait.

<http://www.lifeworkshelp.com/HSP-Newsletter/hsp-research-audio-with-dr-elaine-aron-empowering-the-hsp-videowith-jacquelyn-strickland/>

Three important reasons to attend the 35th HSP Gathering Retreat, with our special guest, Dr. Elaine Aron, via Skype

<http://www.lifeworkshelp.com/HSP-Newsletter/three-reasons-to-attend-the-35th-hsp-gathering-retreat-september-30-october-4-phoenicia-new-york/>

And...

Empowering the Highly Sensitive Person - video interview with Jacquelyn Strickland, August 2018

<http://www.lifeworkshelp.com/HSP-Newsletter/hsp-research-audio-with-dr-elaine-aron-empowering-the-hsp-videowith-jacquelyn-strickland/>

And... **Video Interview with Dr. Ted Zeff, April 2018**

<http://www.lifeworkshelp.com/HSP-Newsletter/hsp-research-audio-with-dr-elaine-aron-empowering-the-hsp-videowith-jacquelyn-strickland/>

With HSP connection and gratitude,

Jacquelyn